



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Working Process Dynamics

2122-2-K0101D011

Aims

CLINICAL PSYCHOLOGY - Group psychology, leadership, group dynamics. Report writing and creative reflection as metacognitive tools in group activities. Psychological and individual differences, motivation in team work. ECONOMIC AND WORKING SOCIOLOGY PROCESS – The heterogeneity as a source of difficulty/wealth in professional contexts. The diversity management as a useful tool for the management of multicultural groups.

Contents

General aim of the course: to provide psychological and socio-cultural knowledge for understanding interpersonal group dynamics and to develop team-work and group management skills.

Detailed program

CLINICAL PSYCHOLOGY – (1) Group psychology in working environment: general presentation: group taxonomy, group structure; group dynamics (interaction, processes); communication (guidelines, skills, protocols); personality differences and group activities. (2) Leadership and group dynamics: leadership: definition, taxonomy; team work and team management skills; personality differences in team work and leadership. (3) Report writing and creative reflection as metacognitive tools in group activities. (4) Psychological and individual differences, motivation in team work: personality theory; empathy; motivation; emotion regulation; DBT skills useful in group activities and team work. ECONOMIC AND WORKING SOCIOLOGY PROCESS - The heterogeneity as a source of difficulty/wealth in professional contexts. The diversity management as a useful tool for the management of multicultural groups.

Prerequisites

Defined by the degree regulation.

Teaching form

Frontal lessons, individual and group practical activities.

Due to the COVID-19, lessons could be provided with the following approaches: in presence, partially in presence, on-line synchronous and asynchronous.

Textbook and teaching resource

see each unit

Semester

Second year, second semester

Assessment method

Written final exam with multiple choice and open-ended questions. Ongoing practical skills evaluation. Criteria of evaluation will be explained by the teacher for each on-going assessment.

Due to the COVID-19, oral examinations will be in presence or on-line by Webex. A public link will be posted on the course e-learning page for the access of virtual public.

Office hours

Agreed with teachers by e-mail.

Due to the COVID-19 emergency tutoring will be in presence or on-line by Webex.
