



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Nursing History and Theory

2122-1-K0101D001-K0101D001M

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#### Aims

The general purpose of the course is to provide students with a deep knowledge of the fundamentals of nursing sciences by studying the evolution of nursing from an historical and professional point of view, as well as a specific area of interest.

#### Contents

To get a deeper knowledge of nursing foundations; to strengthen nursing and professional identity; to acquire interpretation keys of nursing care history, even through a brief introduction to the methodology of historical research; to identify the elements that define nursing as a profession, as a discipline and as a science; to acquire skills useful to read critically the theories developed in the field of nursing, with specific hints on the Model of Human Processes; to recognize the philosophical and theoretical frameworks at different levels of theory that can guide research and practice in nursing; to acquire knowledge preparatory to the Methodology of Nursing Research.

#### Detailed program

Some historical pictures: antiquity and advent of Christianity; Reformers of Care; Florence Nightingale and the modern nursing science; the end of the 900 and the early 2000s in Italy. Introduction to the methodology of historical research: an example of historical research. The evolution of nursing knowledge according to Meleis. The evolution of nursing knowledge: a theoretical framework to read the Italian context. The nursing discipline: a definition and classification developed by the

Italian School of Nursing Disciplines (Milan) in the 90s of the last century. The problem of the language in the description and measurement of nursing phenomena (nursing diagnoses and professional practice classification systems). Evidence Based Nursing: key issues. The link between philosophy, theory and nursing research.

Methods and tools for disciplinary and multidisciplinary research and application of knowledge in nursing practice. Nursing care and nursing documentation in the era of e-health. Schools of thought in nursing discipline: the interactions school; the school of results; the school of needs. Some theories developed in the field of nursing in the different schools of thought: elements for the critical appraisal of nursing theories. Focus on the Model of Human Processes. Theory: definition, types of theories, components of a theory. Levels of theory in nursing: Grand-theories, Middle-range theories and

Situation-specific theories. The development of concepts and theories in nursing. Elements for the critical analysis of a theory. Measuring the progress of a science: some key points.

## **Prerequisites**

Defined by the Degree Regulation.

## **Teaching form**

Lectures, individual and group exercises, guided study, academic essays.

Due to the COVID-19, lessons could be provided with the following approaches: in presence, partially in presence, on-line synchronous and asynchronous.

## **Textbook and teaching resource**

Ausili D., Baccin G., Bezze S., Di Mauro S., Sironi C. (2015) L'impiego dell'ICNP® con il Modello assistenziale dei processi umani: un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità. Pubblicazione CNAI; Ausili D., Sironi C. (2013) Una lettura dell'evoluzione delle conoscenze infermieristiche in Italia. In V. Costanzo, A. Reginelli, A. Ajdini (a cura di) Le scienze infermieristiche in Italia: riflessioni e linee di indirizzo. Atti del Convegno nazionale CNAI, Milano, 24 e 25 ottobre 2013; Cantarelli M. (2003) Il modello delle prestazioni infermieristiche. Milano: Masson. Gamberoni L., Lolli A., Lusignani M., Pattaro L. (1992) Management infermieristico. Torino: UTET. Chapter 1 and 2; Manzoni E. (1996) Storia e filosofia dell'assistenza infermieristica. Milano: Masson. Chapter 1 and 2; Meleis A.I. (2013) Teoretica infermieristica: sviluppo e progresso della filosofia e delle teorie infermieristiche. Milano: Casa Editrice Ambrosiana; Sironi C. (2010) Introduzione alla ricerca infermieristica. Milano: Casa Editrice Ambrosiana. Chapter 1, 2, 4; Sironi C. (2012) L'infermiere in Italia: storia di una professione. Roma: Carocci; Sironi C., Ceconi F., Di Mauro S. (1996) L'Associazione regionale Lombardia infermiere/i: 50 anni di storia. 1946-1996. Pubblicazione a cura dell'Associazione regionale Lombardia Infermieri, Milano. Falconara: Industrie grafiche ERREBI. Consider especially paragraph 1 e 2 of each chapter.

## **Semester**

First year, first semester

## **Assessment method**

The examination is not for the single module but it is an integrated examination for the whole course, as described

in details in the Syllabus of the Course.

## **Office hours**

Agreed with teacher by e-mail.

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