UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

## Clinical Psychology

**2122-2-E1901R123**

### Course title

**CLINICAL PSYHOLOGY**

### Topics and course structure

The aim of the course is to provide the student with the knowledge of the main theoretical frameworks in clinical psychology, along with the related psychotherapetical approaches.

Psychological phenomena, both normal and pathological, are described and explained. In the first part of the course, the main theoretical perspectives within clinical psychology (behaviourism, cognitive approach, social constructionism, systemic approach and psychoanalysis) are presented, along with the relative approach to therapy. An outline of the key differences between the *clinical method* and other methods used in psychology is also provided.

The second part of the course is focused on identity construction processes within the familial and cultural context and on the relationships between psychopathology, communication processes and culture, according to the systemic theoretical perspective. Such issues are presented making a critical comparison with some results coming from neurosciences.

The problem of diagnosis will be treated in the light of the recent debate on DSM-5, with particular regard to the new “child epidemics”.

Main topics:

Clinical method *vs* experimental method

Psychopathology, construction of meaning and culture

The main theoretical perspectives in clinical psychology: psychoanalysis, cognitive- constructivist approach, systemic family therapy

Difference and analogies in diagnostic and therapeutic methods.

## Objectives

The aim of the course is to provide the student with the knowledge of the main theoretical frameworks in clinical psychology, along with the related approaches of psychotherapy.

## Methodologies

Online Lectures (via videoconference WebEx)

The lectures will be registered.

## Online and offline teaching materials

Slides and eventual additional materials.

## Programme and references for attending students

Students who don't speak Italian can agree with the teacher an Engish bibliography.

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Please note that books 2. and 3. (see Italian description of the course) are available also in English

See also (optional):

M. Castiglioni e F. Laudisa (2015). "Toward psychiatry as a ‘human’ science of mind. The case of depressive

disorders in DSM-5". *Frontiers in Psychology 5*:1517. doi: 10.3389/fpsyg.2014.01517,
free download:
http://journal.frontiersin.org/article/10.3389/fpsyg.2014.01517/full

## Programme and references for non-attending students

Students who don't speak Italian can agree with the teacher an Engish bibliography.

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Please note that books 2. and 3. (see Italian description of the course) are available also in English

See also (optional):

M. Castiglioni e F. Laudisa (2015). "Toward psychiatry as a ‘human’ science of mind. The case of depressive disorders in DSM-5". *Frontiers in Psychology 5*:1517. doi: 10.3389/fpsyg.2014.01517,
free download:
http://journal.frontiersin.org/article/10.3389/fpsyg.2014.01517/full

## Assessment methods

Students who don't speak Italian must contact the teacher at the following mail address:
marco.castiglioni@unimib.it

## Office hours

Please contact the teacher by mail at the following mail address:
marco.castiglioni@unimib.it

## Programme validity

2 years

## Course tutors and assistants

Dott.ssa Cristina Liviana Caldiroli

Dott.sssa Floriana Irtelli

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