UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Hygiene and Public Health

2122-1-E1901R140

Course title

The work of the educator in the health field.

Topics and course structure

- the foundations of public health;
The students becomes aware of the role of the educator in the promotion of healthy lifestyles; theyTopic of the course 2021-2022: The work of the educator in the health field.

Constantly educators working alongside doctors, nurses, different therapists, are to manage health, the illness, the care of people often without having activated a deep reflection on these issues and on the meaning that they are personally attributed to them in their formation. Public health is undergoing a period of rapid and intense transformation at various levels: political, economic, organisational, scientific, epidemiological and demographic. For the educator, therefore, it becomes fundamental to answer the questions in the foreword from the pedagogical point of view.

Objectives

At the end of the course the student must:
- know the concepts of health promotion and prevention (primary, secondary and tertiary);
- understand the aims of health literacy (Health Literacy) and all processes aimed at involving the population in decisions affecting their health;
- to know the main determinants of health and the measures to protect it;
- know the promotion, prevention, rehabilitation and educational work in health field.

Methodologies

The teaching includes moments of experience, individual and group activation, accompanied by moments of educational communication and restructuring of the theoretical frameworks of reference.

Online and offline teaching materials

Programme and references for attending students

Sidoti E. (2012), *Igiene e promozione della salute. Per scienze della formazione*, Piccin Nuova Libraria, Padova.

Gallio G., Cogliati Dezza M. G. (2018), *La città che cura. Microaree e periferie della salute*, Edizioni Alpha Beta Verlag, Merano.

Cucuzza G. (2021), *Materialità e cura. Gli effetti formativi degli oggetti nell'autogestione del diabete di tipo1 nel paziente adulto*, FrancoAngeli, Milano.