

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# **Educazione alla Salute**

2122-2-I0102D011-I0102D037M

#### **Aims**

The student will know the foundations for an effective communication and the tools for the educational process in the adult life.

#### **Contents**

The course provides the student the foundations for an efficient communication.

# **Detailed program**

Health education theories and models. How to design and to evaluate educational interventions. Pregnancy and childbirth representations. Medicalization and technology in the childbirth. The past and current parenting. The effective communication.

#### **Prerequisites**

None

#### **Teaching form**

Lectures, practice exercises and group work.

# Textbook and teaching resource

Mantegazza R.Narrare l'inizio. Gravidanza, parto, nascita tra natura e culture. Castelvecchi, 2017

# **Semester**

II semester

#### **Assessment method**

Oral exam

# Office hours

On appointment