



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Corso Sicurezza sul Terreno

2122-1-E3401Q033

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#### Aims

The course aims to provide students with the basis for a safe approach to outdoor field activities.

#### Contents

The course consists of both theoretical lessons and field activity on different topics related to safety problems during laboratory activities and the geological survey activities.

#### Detailed program

The course consists of five activities:

1 - theoretical lessons held by employees of the "Prevention and Protection Service" (SPP) on general concepts such as: risk in the natural environment; damage; prevention; protection; organization of business prevention; rights, duties and penalties for the various company subjects; supervisory, control and assistance entities; emergency procedures.

2 - theoretical lessons held by a medician on first aid procedures that can be implemented in the field of outdoor activities and in the absence of organization and support by medical personnel and procedures.

3 - theoretical lessons held by staff of the College of Alpine Guides of Lombardy on: clothing and equipment; preparation of the excursion; weather conditions; topography and orientation - GPS; safety and rescue in the mountains

4 - medical examination in order to assess the suitability for land activity even at high altitudes. Students must present themselves punctually in the day and time indicated by the SPP . Only those who have made this visit can participate in the next activity.

5 - field excursion with staff of the College of Alpine Guides of Lombardy.

### **Prerequisites**

none

### **Teaching form**

As detailed in the description of the course, the course includes classroom lectures, a medical examination and an excursion on the field

### **Textbook and teaching resource**

Slides of the theoretical lessons

### **Semester**

Fall semester

### **Assessment method**

See above

### **Office hours**

From monday to friday, 14 pm - 16 pm

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