

## SYLLABUS DEL CORSO

### Psicologia Clinica 2

2122-2-003P002009

---

#### Learning objectives

- To acquire knowledge on a model of developmental psychotherapy in the life cycle.
- Describe the main technical characteristics (objectives, settings, types of intervention) of a treatment oriented from a developmental perspective, comparing them with the psychoanalytic ones.

#### Contents

A model of developmental psychodynamic psychotherapy will be presented, particularly oriented to a psychopathology and life cycle psychotherapy perspective.

The objectives and methods of a developmental psychodynamic psychotherapy will be compared with those of a psychoanalytic psychotherapy.

These issues will be explored in particular for treatments aimed at preteens, adolescents and young adults, in the context of an evolution in recent decades of treatment models with adolescents and with references to recent efficacy data.

During the lessons an example video will be used, in order to exercise the students' understanding on these issues. It will also be possible to dedicate a space to the discussion of cases proposed by participants.

#### Textbooks and Reading Materials

1. Maggiolini A. (2017) (a cura di) Psicopatologia del ciclo di vita. Franco Angeli, Milano.
2. Maggiolini A. (2017) Ruoli affettivi, compiti e decisioni. Psicoterapia e Scienze Umane, 51 (1): 75-94.

Lecture consiiliate

3. Maggiolini A., Pietropolli Charmet G. (2004) (a cura di) Manuale di psicologia dell'adolescenza: compiti e

conflitti. F. Angeli, Milano.

4. Maggiolini A. (2009) Ruoli affettivi e psicoterapia. Il cambiamento come sviluppo. Raffaello Cortina Editore, Milano.

5. Maggiolini A. (2014) (a cura di) Senza paura, senza pietà. Valutazione e trattamento degli adolescenti antisociali. Raffaello Cortina Editore, Milano.

6. Maggiolini A. (2018) Interpretazione, simbolizzazione e risimbolizzazione affettiva. *Psichiatria e psicoterapia*, 2, 309-323.

7. Di Lorenzo M., Maggiolini A. (2019) Research on Adolescent Psychodynamic Psychotherapy Process: An Italian Contribution to the Adolescent Psychotherapy Q-Set (APQ), *Journal of Infant, Child, and Adolescent Psychotherapy*, DOI: 10.1080/15289168.2019.1625654

---