



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psicologia della Personalità 1

2122-1-003P001001

Learning objectives

Personality Psychology 1 - Dr. Di Sarno

1. To become aware of the main historical developments in the study of personality and its pathology
2. To deepen open and controversial issues in the study of normal and pathological personality
3. To deepen the relationship between personality and psychopathology, as well as between personality psychology and the clinical tradition
4. To update knowledge on the most recent classificatory models of personality disorders

Contents

Personality Psychology 1 - Dr. Di Sarno

1. Historical overview of personality models and personality disorders
2. The trait approach and its developments
3. Personality and mental disorders
4. Personality pathology: descriptive aspects

Textbooks and Reading Materials

Personality Psychology 1 - Dr. Di Sarno

Main bibliography:

1. Corr, P.J. (Eds.). *The Cambridge Handbook of Personality Psychology*, edizione 2020. Cambridge

University Press. Cap. 1 ("Conceptual and historical perspectives"), 2 ("The trait approach"), 13 ("Personality traits and mental disorders").

2. Madeddu, F., Di Pierro, R. (2014). DSM-5: Lo strano caso disturbi di personalità. *Psichiatria e Psicoterapia*, 33(2), 109-133.
3. Huprich, S.K. (2020). Personality Disorders in the ICD-11: Opportunities and Challenges for Advancing the Diagnosis of Personality Pathology. *Current Psychiatry Reports*, 22, 40. <https://doi.org/10.1007/s11920-020-01161-4>
4. Crocq M.A. (2013). Milestones in the history of personality disorders. *Dialogues in Clinical Neuroscience*, 15(2), 147–153. <https://doi.org/10.31887/DCNS.2013.15.2/macrocq>

Additional recommended readings:

1. Corr, P.J. (Eds.). *The Cambridge Handbook of Personality Psychology, edizione 2021*. Cambridge University Press. Chapters 8 and 33.
 2. Bleidorn et al. (2019). The Policy Relevance of Personality Traits. *American Psychologist*, 74(9), 1056–1067. <http://dx.doi.org/10.1037/amp00005037>
 3. Huprich, S.K. (2018). Moving beyond categories and dimensions in personality pathology assessment and diagnosis. *The British Journal of Psychiatry*, 213, 685–689. doi: 10.1192/bjp.2018.149
 4. Sleep C., Lynam D.R., Miller J.D. (2021). Personality impairment in the DSM-5 and ICD-11: Current standing and limitations. *Current Opinion in Psychiatry*, 34(1), 39-43. doi: 10.1097/YCO.0000000000000657.
 5. Berrios G.E. (1993). European views on personality disorders: a conceptual history. *Comprehensive Psychiatry*, 34(1), 14-30. doi: 10.1016/0010-440x(93)90031-x.
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