



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Master in Alimentazione e Dietetica Applicata - Edizione 2021/2022

2122-861

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#### Aims

The Master is aimed at those who wish to deepen their nutritional and dietary knowledge and/or those who, in possession of the legal requirements, wish to improve their profession in the field of dietetics  
The Master aims to provide graduates of different scientific disciplines with the skills necessary for the training of professionals in the field of human nutrition

#### Contents

##### Detailed program

From nutrient to foods  
Feeding in physiological condition  
Nutrition interventions in metabolic conditions  
Food communication and education  
The catering systems in the different community

#### Prerequisites

#### Teaching form

**Textbook and teaching resource**

**Semester**

**Assessment method**

**Office hours**

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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