UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Curricular Course: Psychology

2223-98R-CCPSY

Title

Psychological Seminars: mental health and wellbeing in both school and educational contexts

Teacher(s)

Valeria Cavioni (Università di Milano Bicocca)
Carmel Cefai (University of Malta)
Elisabetta Conte (Università di Milano Bicocca)
Ilaria Grazzani (Università di Milano Bicocca)
Veronica Ornaghi (Università di Milano Bicocca)
Celeste Simoes (University of Lisbon)
Guido Veronese (Università di Milano Bicocca)

Language

Italian
Enghish

Short description

PhD in Education in Contemporary Society

A series of Seminars on school mental health and wellbeing in educational contexts.
Time: 9.30-12.30/13.00

1. January, 25 2023
   La salute mentale a scuola: prospettive teoriche e applicative/*School mental health: from theory to practice* (Valeria Cavioni, Elisabetta Conte e Veronica Ornaghi – Milano Bicocca)
2. February, 15 2023
   La promozione della salute mentale a scuola nel contesto europeo: le ricerche portoghesi/*Promotion of school mental health In Europe: Portoguese data* (Celeste Simoes – University of Lisbon)
3. March 15, 2023
   Promotion of school mental health in Malta: Data from the Centre for Resilience and Socio-emotional Health, Malta University (Carmel Cefai – University of Malta)
4. April, 19 2023
   To be scheduled
5. June, 7 2023
   Promotion of wellbeing at nursery and kindergarten (Ilaria Grazzani – Milano-Bicocca)

CFU / Hours

16 hours

Teaching period

January-June 2023

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING