



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Curricular Course: Psychology

2223-98R-CCPSY

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#### Title

Psychological Seminars: mental health and wellbeing in both school and educational contexts

#### Teacher(s)

Valeria Cavioni (Università di Milano Bicocca)  
Carmel Cefai (University of Malta)  
Elisabetta Conte (Università di Milano Bicocca)  
Ilaria Grazzani (Università di Milano Bicocca)  
Veronica Ornaghi (Università di Milano Bicocca)  
Celeste Simoes (University of Lisbon)  
Guido Veronese (Università di Milano Bicocca)

#### Language

Italian  
English

#### Short description

PhD in Education in Contemporary Society

A series of Seminars on school mental health and wellbeing in educational contexts.

Time: 9.30-12.30/13.00

1. January, 25 2023

La salute mentale a scuola: prospettive teoriche e applicative/*School mental health: from theory to practice* (Valeria Cavioni, Elisabetta Conte e Veronica Ornaghi – Milano Bicocca)

2. February, 15 2023

La promozione della salute mentale a scuola nel contesto europeo: le ricerche portoghesi/*Promotion of school mental health In Europe: Portuguese data* (Celeste Simoes – University of Lisbon)

3. March 15, 2023

*Promotion of school mental health in Malta: Data from the Centre for Resilience and Socio-emotional Health, Malta University* (Carmel Cefai – University of Malta)

4. April, 19 2023

To be scheduled

5. June, 7 2023

*Promotion of wellbeing at nursery and kindergarten* (Ilaria Grazzani – Milano-Bicocca)

## **CFU / Hours**

16 hours

## **Teaching period**

January-June 2023

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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