



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Movement System Impairment

2223-3-H4102D018-H4102D057M

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#### Aims

To provide an in-depth knowledge of the mechanisms underlying neural control and coordination of voluntary movements. Models of motor control will be presented and discussed, including theories based on motor programming and internal models, control with muscle activation patterns, referent control theory and theory of synergies. Impairments of neural control of movements will be discussed within the kinesio-pathologic framework.

#### Contents

Current theories of production and organization of gross and fine movements. Implications of motor control theory in healthy and individuals with movement system disorders. Movement system impairment syndromes overview. Basic neurophysiological knowledge of neuroplasticity, recovery and compensation.

#### Detailed program

Review of physiology and neurophysiology of sensorimotor system. Motor Control Theories: computational and physical models of motor control. Equilibrium point theory. Synergies and the uncontrolled manifold hypothesis. Controversies in motor control. Kinesio-pathologic model and movement system impairment syndromes with implication for rehabilitation. Neural plasticity, compensation and recovery. Rehabilitation principles in musculoskeletal field

#### Prerequisites

Basic knowledge of anatomy and neurophysiology

### **Teaching form**

Lessons in attendance, subject to any ministerial changes following the COVID pandemic situation

### **Textbook and teaching resource**

Mark L. Latash. Fundamentals of Motor Control, 1st Edition. 2012. Imprint: Academic Press ISBN: 9780124159563. Scientific papers and suggested reading during the course.

### **Semester**

1 Semester

### **Assessment method**

Described in the subject's syllabus

### **Office hours**

By Appointment

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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