



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Medico e Paziente nell'Assistenza Primaria

2223-2-H4101D254-H4101D025M

---

#### Aims

Differences between disease, illness, sickness, and subjective and objective aspects of medicine; biopsychosocial model of illness and care; individual, social and economic aspects in medicine and health behaviours; media and medicine; frail patients: elderly people, the chronically sick; mental illness; immigrants, poverty, end of life; environmental and cultural influences on patient-doctor relationship

#### Contents

Practical experience at GP office

#### Detailed program

To understand the concepts of disease, illness, sickness, subjectivity and objectivity; conditions and behaviors related to people's health/illness are also influenced by factors such as: history, subjective perspectives, values, (the social determinants of health). To perceive the current "complexity" of medicine and show the mutual influence between medicine and society: (e.g. information, mongering disease, etc.). Show the patient's autonomy and also the frailty: the elderly, the chronicity, the psychological distress, the migrants, the economic and cultural poverty, the terminally ill. Show the answers or lack of answers of the society: the network of the healthcare providers

#### Prerequisites

none, the training activity takes place in parallel with the "communication skills" module

## **Teaching form**

The module includes a 16 hours practical internship at the General Medical Practice and two classroom sessions: introduction and debriefing

## **Textbook and teaching resource**

Digital learning material

## **Semester**

first term

## **Assessment method**

Report on the activities carried out at the General Practice and a final written exam. The test consists in multiple-choice questions; students select one correct answer from several choices in order to evaluate the cognitive skills.

## **Office hours**

by appointment after contacting email

chiara.bonazzi@unimib.it

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | REDUCED INEQUALITIES

---