



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicopatologia dello Sviluppo

2223-5-G8501R030

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#### Course title

Developmental Psychopathology

#### Topics and course structure

From the development of the normative system to the evaluation and classification with children and adolescents in educational settings, the course in developmental psychopathology aims at providing an integrated view of the emotional and clinical cognitive aspects from which maladaptive behaviors arise.

Emphasis is on risk factors and promotion aspects triggering mental health as well as on describing characteristics of disorders that are first evident in childhood. In our framework, the developmental psychopathology perspective represents an opportunity to think originally about the critical research and clinical outcomes that may arise from it.

#### Objectives

- 1) Contextualize the historical overview of developmental psychopathology.
- 2) Demonstrate the ability for critical evaluation of key aspects of developmental psychopathology.
- 3) Demonstrate the knowledge of different type of empirical tools for assessing and evaluating children' behaviors.

## **Methodologies**

Lecture-style instruction

Case studies

## **Online and offline teaching materials**

Further readings will be provided during the course.

Some of the materials used during the course are in English.

## **Programme and references for attending students**

- 1) Course Introduction
- 2) Historical contextualization
- 3) Paradigms and cognitive clinical model
- 4) Attachment theory
- 5) Principles of diagnostic
- 6) Tools for clinical diagnosis
- 7) Psychosomatic and Somatoform Disorders
- 8) Childhood eating disorders
- 9) Emotional regulation disorders
- 10) Autism Spectrum Disorder
- 11) Anxiety disorder
- 12) Mood disorders
- 13) Disruptive, impulse-control and conduct disorders
- 14) Trauma and stress-related disorders

Readings (one text):

- 1) Lambruschi, F. (2014) Psicoterapia cognitiva dell'età evolutiva. Torino, IT: Bollati Boringhieri. (Cap. 1, 2, 4, 10, 11, 12, 13, 15, 17, 19, 20)
- 2) Tambelli, R. (2017) Manuale di psicopatologia dell'infanzia. Bologna, IT: Il Mulino.

3) Strepparava, M, & Iacchia, E. (2012) Psicopatologia cognitiva dello sviluppo. Milano, IT: Raffaello Cortina Ed.

## **Programme and references for non-attending students**

### **Assessment methods**

Written (5 multiple-choice closed questions, 3 theoretical definitions and 1 open-ended question) + Oral examination

### **Office hours**

On request.

### **Programme validity**

### **Course tutors and assistants**

Tutor:

Forthcoming

Instructors

Rachel Pancake

Giulia Deseri,

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | PEACE, JUSTICE AND STRONG INSTITUTIONS

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