

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# Riabilitazione Domiciliare, Ospedale e Territorio

2223-3-I0201D146-I0201D231M

### Aims

- Know the home-rehabilitation paths
- Know and applying rules according to recent law
- Know how to evaluate the house and how to recommend any environmental changes or useful aids
- Learn the importance of personal and instrumental autonomies training

#### Contents

- Laws
- Taking charge of the practice
- Taking charge of the client at home
- Different types of home care programs
- Study of the internal and external setting (environmental changes and aids)
- Any post-home care courses

### **Detailed program**

- Laws (history of the main legislative decrees about payments)
- Differences between the main rehabilitation paths
- Home Rehabilitation: who prescribes and who communicates

- Multidisciplinary or specialist assessment at home (clinical interview, Care Giver, assessment, internal and external home assessment, evaluation of any aids and environmental changes)

- Specific skills in the treatment
- Transform your home into a working setting
- Knowing how to perform ADL and IADL autonomy training
- Knowing how to carry out caregiver training
- Carry out a correct study of the aids (what can be prescribed and any procedures for the prescription)
- Know any paths after home physiotherapy
- clinical cases practice

#### **Prerequisites**

#### **Teaching form**

Lessons in attendance, clinical case discussion, subject to any changes following the pandemic.

#### **Textbook and teaching resource**

Handouts

#### Semester

2nd semester

#### Assessment method

Described in the subject's syllabus

## Office hours

by appointement

# Sustainable Development Goals

GOOD HEALTH AND WELL-BEING