



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

### **Riabilitazione Domiciliare, Ospedale e Territorio**

2223-3-I0201D146-I0201D231M

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#### **Aims**

- Know the home-rehabilitation paths
- Know and applying rules according to recent law
- Know how to evaluate the house and how to recommend any environmental changes or useful aids
- Learn the importance of personal and instrumental autonomies training

#### **Contents**

- Laws
- Taking charge of the practice
- Taking charge of the client at home
- Different types of home care programs
- Study of the internal and external setting (environmental changes and aids)
- Any post-home care courses

#### **Detailed program**

- Laws (history of the main legislative decrees about payments)
- Differences between the main rehabilitation paths
- Home Rehabilitation: who prescribes and who communicates
- Multidisciplinary or specialist assessment at home (clinical interview, Care Giver, assessment, internal and external home assessment, evaluation of any aids and environmental changes)
- Specific skills in the treatment
- Transform your home into a working setting
- Knowing how to perform ADL and IADL autonomy training
- Knowing how to carry out caregiver training
- Carry out a correct study of the aids (what can be prescribed and any procedures for the prescription)
- Know any paths after home physiotherapy
- clinical cases practice

## **Prerequisites**

## **Teaching form**

Lessons in attendance, clinical case discussion, subject to any changes following the pandemic.

## **Textbook and teaching resource**

Handouts

## **Semester**

2nd semester

## **Assessment method**

Described in the subject's syllabus

## **Office hours**

by appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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