



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica (blended)

2223-2-I0201D135-I0201D171M

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#### Aims

Knowing how to describe the concept of "difficult patient" in terms of the narrative of the patient;

Knowing how to recognize and describe the features of different attachment styles and the implications for the relationship with the patient;

Knowing how to recognize and describe interpersonal motivational systems (activation, deactivation, objectives and related emotions);

Knowing how to describe empathy in relational context and the process through which it works

#### Contents

The difficult patient and personal narrative

Interpersonal motivational systems

Attachment in the relationship with patients

The empathic process

#### Detailed program

The difficult patient and personal narrative.

Interpersonal motivational systems (attachment, care, predatory, competitive, sexual, play and affiliation, cooperative)

Attachment and relationship with patients (secure, avoidant, ambivalent, disorganized attachment); attachment-based care approach.

Empathy and the empathic process in clinical relationship

## **Prerequisites**

## **Teaching form**

The module is delivered in blended-learning and includes on-line activities (videolessons, small group assignment) and lessons in attendance.

## **Textbook and teaching resource**

Liotti G., Fassone G., Monticelli F. (2017). L'evoluzione delle emozioni e dei sistemi motivazionali. Raffaello Cortina Editore. Capitoli 1,2,3

Wilhelm K., Tietze T. (2016). Difficult doctor-patient interactions. Applying principles of attachment-based care. *Medicine Today*, 17(1-2), 36-44

Benedetti F. (2018). L'effetto placebo. Breve viaggio tra mente e corpo, Roma, Carocci editore

## **Semester**

first semester

## **Assessment method**

closed questions (true/false, multiple choice), open questions on topics presented at lesson, written comment of clinical cases.

## **Office hours**

by appointment: marco.bani1@unimib.it

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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