UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

## Introduction To Kinesiology 2

**2223-1-I0201D129-I0201D108M**

### Aims

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

### Contents

### Detailed program

The student should know: - basic principles of kinesiology - basic principles of muscular kinesiology - the movement system and its components - basis of general implication of muscular dysfunction

### Prerequisites

### Teaching form

during the Covid-19 emergency period, the lessons will take place in a mixed mode: partial presence and asynchronous / synchronous videotaped lessons

## Textbook and teaching resource

handouts

## Semester

1st semester

## Assessment method

written exam with multiple questions

## Office hours

By appointment

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING