UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Motor System Assessment

2223-1-I0201D130

Aims

Transfer the theoretical knowledge of the sciences of kinesiology, topographic anatomy of the musculoskeletal system, into inspection, manipulative and joint mobilization skills, suitable for the evaluation and recognition of the physiological characteristics of the muscles

Contents

The course aims to develop the student's knowledge of

human body through recognition the landmarks using techniques

inspection anatomy; including kinesiological assessment of

temporomandibular joint of mimic muscles; know the basics

theoretical and know how to implement the practical approach to massage therapy. The

the student will also have to acquire an introductory basis for evaluation

learning to recognize the different factors that favor and/or hinder

observation in rehabilitation.

Detailed program

see the individual module programs

Prerequisites

Knowledge of anatomy and physiology of the musculoskeletal system. control of the movement system and the peripheral nervous system.

Teaching form

Frontal lessons and in supervised groups for learning the assessment gestures according to the objectives of each module.

Textbook and teaching resource

Slides. Multimedia recordings, educational films deposited on the platform

Semester

Durata annuale con inizio alprimo semestre di Anatomia ispettiva eMassoterapia

Assessment method

Multiple choice test, open-ended exam
Exams in the presence of the practical disciplines: simulation of the learned practices peer-to-peer (palpatory anatomy, massage therapy, muscular assessment).
The marks obtained in the individual disciplines with gestural competence will be weighed against those with a purely theoretical content.

Office hours

by appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING