

UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Presentazione Kinesio Taping

2223-2-I0201D067

Aims

basic concepts of the Kinesio Taping technique.

Contents

The course aims to provide participants with the basic concepts of the Kinesio Taping technique (elastic adhesive bandage with therapeutic, bio-mechanical effect). At the end of the course the student should know the theoretical basis of the technique of Kynesio taping, the main available tests and contraindications to treatment.

Detailed program

- Principles of the method
- Tape application concepts, basics
- Main tests

Prerequisites

2nd year student

Teaching form
Lessons in attendance and practice
Taythack and tasahing years was
Textbook and teaching resource
Handsout
Semester
Semester
annual
Assessment method
Attendance
Office hours
by appointment
Sustainable Development Goals
GOOD HEALTH AND WELL-BEING