

## COURSE SYLLABUS

### **Presentation of The Global Postural Re-Education (rpg)**

2223-2-I0201D066

---

#### **Aims**

Learn the theoretical basis of the Global Postural Re-education method: evaluation main elements, functional diagnosis, criteria about treatment of diseases of the musculo - skeletal system and contraindications to treatment.

#### **Contents**

The course aims to provide participants with the basic concepts of the Global Postural Reeducation (RPG).

#### **Detailed program**

General principles of the RPG method

- Causality, individuality and global aspects
- Inhibitive proprioceptive system
- Muscular physiology and pathophysiology: static function and dynamic function.

#### **Prerequisites**

**Teaching form**

Lessons and practice in attendance

**Textbook and teaching resource**

Handsout

**Semester**

annual

**Assessment method**

Attendance

**Office hours**

by appointment

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

---