



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Valutazione e Trattamento Integrato della Spalla Dolorosa

2223-3-I0201D032

Aims

learning strategies for the patient with shoulder pain.

Contents

One session of 7 hours, concept of evaluation and treatment of shoulder pain will be presented.

Detailed program

Functional Anatomy - Biomechanics and arthrokinematics of the shoulder (joints: glenohumeral, sub-acromial, scapulo-thoracic, acromio-clavicular, sterno-clavicular);

Principles of pathology and pathogenesis of the syndromes of conflict and instability according to the different schools of thought (Kinetic Control, Maitland, Mc Connel, Mezieres).

Principles of treatment according to the aforementioned schools of thought.

Prerequisites

Enrollment in the 3rd year of the course.

Teaching form

Lessons and practice in attendance, subject to any changes following the pandemic.

Textbook and teaching resource

handouts

Semester

annual

Assessment method

Attendance

Office hours

by appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
