

UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

La Patologia Muscolo-Tendinea nello Sport

2223-2-I0201D152

Aims

To learn Muscle-tendon injuries in athletes

Contents

- Muscle contraction and Cramp
- Epidemiology in muscle injuries
- Etiopathogenesis
- Classification
- Diagnosis
- Muscle injuries course
- Therapeutic intervention in return to sport andreturn to game
- · Complications

Detailed program

- · Epidemiology of Tendinopathy
- Etiopathogenesis and classification
- · Biochemistry and histology in Tendinopathy
- · Diagnosis and assessment
- · Course of Tendinopathy
- Therapeutic intervention in return to sport and return to play
- Complications

Prerequisites	
Teaching form	
Classes, active learning mehods, guided discussions.	
Textbook and teaching resource	
handouts	
Semester	
annual	
Assessment method	
attendance	
Office hours	
by appointment	
Sustainable Development Goals	
GOOD HEALTH AND WELL-BEING	