

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

### **Developmental Psychology - 2**

2223-1-E2401P010-T2

#### Learning area

KNOWLEDGE AND SKILLS USEFUL TO UNDERSTAND, PROMOTE AND CHANGE INDIVIDUAL PSYCHOLOGICAL FUNCTIONING

#### Learning objectives

#### Knowledge and understanding

Aims of the class are:

- To provide students with basic knowledge about theories of psychological development.
- To illustrate changes occurring in psychological functions and behaviour from birth to adolescence in the areas of perceptual, cognitive, emotional and social development.
- To introduce students to the most critical issues related to the explanation of developmental change and the mechanisms behind those changes.

#### Applying knowledge and understanding

- Understanding the challenge of explaining psychological development.
- Gain perspective on biological, physical, cognitive, and social-emotional changes across the lifespan.
- Developing critical thinking about historical and current arguments in the field

Contents

Nature and Nurture Prenatal and infant development in psychological functioning and motor domains Main psychology developments in preschool age Main psychology developments in school age and preadolescence

#### **Detailed program**

The main questions and theories of Developmental Psychology, Nature and Nurture Motivational systems in infancy and the sensitive periods Ecology and development Prenatal and infant development of psychological and motor functioning Main psychological acquisitions and changes in preschool age about the in cognitive, communicative, linguistic, social , emotional and affective processes, The development of personal identity and Self The Typical Developmental Trajectories of the psychological Functions Main psychological acquisitions and changes in childhood, preadolescence and adolescence Main methodological approaches in Developmental Psychology Main authors and theories: Piaget, Vygotskij, Bruner

#### Prerequisites

Nothing specific.

#### **Teaching methods**

Lectures, discussions, video presentations, practical training

#### **Assessment methods**

The exam is written with oral interview upon request. The written exam includes multiple choice questions and open questions. Multiple choice questions provide extensive evaluation of knowledge acquisition; open questions evaluate students' critical thinking on such knowledge.

#### **Textbooks and Reading Materials**

Macchi Cassia V., Valenza E., Simion F. (2012). Lo sviluppo della mente umana. Dalle teorie classiche ai nuovi orientamenti. Bologna: Il Mulino.

• Santrock, J.W. (2017). Psicologia dello sviluppo (3° ed.). McGraw Hill

- Murray, L. (2015). Le prime relazioni del bambino. Milano: Cortina
- lectures' slides.

### Sustainable Development Goals