



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Generale 1

2223-1-E2401P001

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#### Learning area

Knowledge and skills useful to understand, promote and change individual psychological functioning

#### Learning objectives

##### *Knowledge and understanding*

- The experimental approach to psychology: methods and theory
- Main themes and most relevant theories in the study of individual behavioural and cognitive functioning.

##### *Applying knowledge and understanding*

- Ability to understand the technical language and the research results in psychology
- Ability to identify the psychological processes involved in individual behaviour in everyday life
- Ability to recognize the non-pathological cognitive functioning

#### Contents

The course introduces students to the most relevant theories and theoretical approaches in the study of general psychology, analyzing in detail some cognitive processes. The intent is to clarify the subjects of interest of general psychology and how general psychology studies the processes and phenomena of interest.

## Detailed program

- Experimental approach used by general psychology with particular emphasis on methodological and theoretical aspects.
  - Sensory systems
  - Problems, methods of investigation and relevant theories of specific cognitive processes:
- Perception
  - Attention
  - Learning (Turn A)
  - Memory
  - Emotions
  - Motivation (Turn B)

## Prerequisites

Receptive and productive language skills  
Analytical abilities in understanding and reasoning  
The capacity of synthesis and content processing

## Teaching methods

Lessons will be held in presence, unless further COVID-19 related restrictions are imposed

The course will consist of frontal lectures.

## Assessment methods

The written exam consists of a written test with multiple choice questions and open questions. The multiple choice questions are aimed at testing the acquired knowledge while the open-ended questions will also test the ability to debate and argue on the course topics in brief. The evaluation criteria are the correctness of the answers, the ability to argue, synthesize, create links, and critically read reality.

For turn A at the end of the course students will have the possibility to test the multiple choice part of the exam.

For turn B there will be two moments (one at halfway and one at the end of the course) of self-testing and further explanations on the course topics. In addition, at the end of the course students will have the possibility to test the multiple choice part of the exam and responses to some open questions will be presented and discussed.

Upon the student's request, the exam can be completed with an oral examination on all course topics that could increase or decrease the written examination mark.

## **Textbooks and Reading Materials**

TURN A: Cherubini P. (a cura di) (2012). *Psicologia Generale*. Milano: Cortina (capitoli: 1, 3, 4, 5, 6, 7, 11).

TURN B: Ciccarelli, S.K. & White, J.N. (2022). *Psicologia generale*. Edizione italiana a cura di P. Ricciardelli e C. Iani. Milano: Pearson (capitoli: 0, 1, 2, 3, 4, 7, 12, Appendice B). Versione elettronica acquistabile su: **[pearson.it/shop](https://www.pearson.it/shop)** ISBN code: **9788891915740**

Students non-fluent in Italian are required to contact the professor for advice on English textbooks.

Erasmus students can contact the lecturer to ask for an English text book or a reading list to prepare for the exam and/or to arrange to take the exam in English.

## **Sustainable Development Goals**

QUALITY EDUCATION

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