



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Laboratory: Assessment Methods of Parent-Child Interaction and Regulation

2223-3-E2401P053

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#### Learning area

Knowledge and skills useful to understand and change the relations among individuals and the psychosocial processes underlying groups, organizations and social systems

#### Learning objectives

##### *Knowledge and understanding*

- Caregiver-infant interactions
- Parental sensitivity
- Infant socio-emotional development
- Parenting and infant developmental risk conditions

##### *Applying knowledge and understanding*

- To identify interaction styles
- To identify emotional regulation between caregiver and infant in the first years of life
- To evaluate interactive problems in the parent-infant dyad
- Principles of early intervention to support parenting in at-risk conditions

#### Contents

This course aims to provide students with theoretical concepts, methodological principles and an introduction to techniques for the observation and assessment of parent-infant interaction in typical and at-risk developmental conditions.

## **Detailed program**

### Lessons 1 and 2

- Theoretical assumptions
- Methodological principles of parent-infant interaction observation
- Parenting and developmental risk conditions
- Early family-centered interventions

### Lessons 3 and 4

- Clinical cases
- Joint vision of videotapes
- Coding the interaction
- Comparing coding systems and their implications

### Lessons 5 and 6

- Clinical cases
- Programming interventions to support parenting in at-risk conditions
- Small group exercises

## **Prerequisites**

- Knowledge of attachment theory
- Knowledge of emotional development basic concepts

## **Teaching methods**

Teaching methods include frontal face-to-face lessons and interactive lessons with joint vision of videotapes of parent-infant interaction and case discussion.

## **Assessment methods**

The assessment of students' participation will depend upon the modality of lessons (physical presence or remote connection). The 75% of participation is needed. This will include remote activities and the production of homeworks on the themes treated during the lessons.

## **Textbooks and Reading Materials**

Details about the reading materials will be provided to students on the related e-learning page.

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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