



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Social Psychology

2223-1-E2004P005

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#### Learning objectives

##### *Knowledge and understanding*

- Doing research in social psychology.
- The theoretical and methodological foundations of social psychology.
- The emerging areas of social psychology.

##### *Applying knowledge and understanding*

- Understanding social psychology and its specificities (theoretical, methodological, and linguistic) social sciences arena.
- Knowing how to recognize social cognition processes.
- Knowing how to identify and deconstruct the different forms of social influence.
- Understanding of intergroup and interpersonal relationships and conflicts.
- Knowing the emerging areas of social psychology.

#### Contents

The course aims to provide the theoretical and methodological foundations of social psychology, with particular reference to the specificities of the discipline in the social sciences panorama. The main studies and the theories developed by the discipline to explain the processes of social cognition, social influence, and relationships between individuals and between groups within different social contexts will be proposed.

#### Detailed program

- Introduction to Social Psychology
- Do research in social psychology
- Social cognition
- Social influence
- Attitudes
- The Self: self-regulation, motivation, and emotions
- aggressiveness
- Prosociality
- Membership and social exclusion
- The prejudice
- Social psychology in the digital age
- Environmental psychology
- Political psychology

## Prerequisites

No one in particular.

## Teaching methods

Teaching methods include the use of lectures, video clips, and classroom discussions. All course material (e.g., slides, readings) will be made available on the e-learning course page so that also non-attending students can use it.

## Assessment methods

The exam consists of a written test (including multiple-choice and open-ended questions). The questions are aimed at ascertaining the effective acquisition of both theoretical knowledge and the ability to connect the different forms, spheres, and processes of social psychology. The answers to each question will be evaluated in terms of correctness of the answers, argumentative capacity, synthesis, ability to form links among the different areas, and the ability to critically present the phenomena.

For students who explicitly request it, an oral exam will also be possible.

## Textbooks and Reading Materials

Andrighetto, L. & Riva, P. (Eds.) (2020). *Psicologia Sociale: Fondamenti teorici ed evidenze empiriche*. Bologna: Il Mulino. ISBN 978-88-15-28794-6

Listening to the following podcasts also constitutes examination material:

a - Io ero il milanese - RaiPlay Sound (<https://www.raiplaysound.it/programmi/ioeroilmilanese>)

b - Sabrina Efionayi - STORIA DEL MIO NOME (<https://choramedia.com/podcast/storia-del-mio-nome/>)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES | SUSTAINABLE CITIES  
AND COMMUNITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS

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