UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology

2223-3-E3901N033

Learning objectives

Knowledge and understanding

The main aim of the course is the acquisition of cognitive tools in the field of Clinical Psychology, with particular regard to the history of mental illness and its implications in the social fabric, psychodiagnostics and the psychopathological framework of psychic distress.

- Ability to apply knowledge and understanding *

As their application, knowledge will have the use of conceptual categories in the context of work contexts in contact with people (or groups) with a mental disorder. In particular, the students should be able to:

- Develop the basic skill of professional role, in order to approach to the person with mental disorder and their caregivers
- Understand and communicate with other mental health professionals

Contents

- History of Clinical Psychology and Psychiatry;
- Psychodiagnostics;
- Psychopathology

Detailed program

- Introduction
- History of Mental Illness
- Institutionalization and Psychiatric Reform
- Social stigma
- Psychodiagnostics
  - Clinical interview
  - Interviews
  - Test
- Clinical Developmental Psychology
  - Child maltreatment and child abuse
- Schizophrenia and Psychosis
- Depressive and Bipolar Disorders
- Anxiety Disorders, Obsessive Spectrum and Trauma
- Eating disorders
- Obsessive-compulsive spectrum disorders
- Personality disorders
- Psychological problems in the elderly (dementia)
- Somatic symptom disorders
- Dissociative disorders
- Sexual dysfunctions
- Treatments
- Psychotherapy
- Clinical cases

Prerequisites

Sufficient learning skills; abilities to develop their own logical and critical reasoning, as well as oral communication skills.

Teaching methods

Active Teaching Methods: Cooperative Learning, Role Playing, Brainstorming, Case-studio

Assessment methods

Oral exam.
(in english for Erasmus students)

Textbooks and Reading Materials

Main manual:
Sanavio, E., Cornoldi, C. (2017). *Clinical Psychology*. Il Mulino. (third edition updated to DSM-5)

Monograph:
Di Blasio, P. (2000). *Psychology of abused child*. Il Mulino

Supplementary material (uploaded online before each lesson):
Slides
Scientific articles
Other references will be given in class

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING