



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Clinica

2223-3-E3901N033

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#### Learning objectives

##### *Knowledge and understanding*

The main aim of the course is the acquisition of cognitive tools in the field of Clinical Psychology, with particular regard to the history of mental illness and its implications in the social fabric, psychodiagnostics and the psychopathological framework of psychic distress.

- Ability to apply knowledge and understanding \*

As their application, knowledge will have the use of conceptual categories in the context of work contexts in contact with people (or groups) with a mental disorder. In particular, the students should be able to:

- Develop the basic skill of professional role, in order to approach to the person with mental disorder and their caregivers
- Understand and communicate with other mental health professionals

#### Contents

- History of Clinical Psychology and Psychiatry;
- Psychodiagnostics;
- Psychopathology

#### Detailed program

- Introduction
- History of Mental Illness
- Institutionalization and Psychiatric Reform
- Social stigma
- Psychodiagnostics
  - Clinical interview
  - Interviews
  - Test
- Clinical Developmental Psychology
  - Child maltreatment and child abuse
- Schizophrenia and Psychosis
- Depressive and Bipolar Disorders
- Anxiety Disorders, Obsessive Spectrum and Trauma
- Eating disorders
- Obsessive-compulsive spectrum disorders
- Personality disorders
- Psychological problems in the elderly (dementia)
- Somatic symptom disorders
- Dissociative disorders
- Sexual dysfunctions
- Treatments
- Psychotherapy
- Clinical cases

## **Prerequisites**

Sufficient learning skills; abilities to develop their own logical and critical reasoning, as well as oral communication skills.

## **Teaching methods**

Active Teaching Methods: Cooperative Learning, Role Playing, Brainstorming, Case-studio

## **Assessment methods**

Oral exam.  
(in english for Erasmus students)

## **Textbooks and Reading Materials**

### **Main manual:**

Sanavio, E., Cornoldi, C. (2017). *Clinical Psychology*. Il Mulino. (third edition updated to DSM-5)

**Monograph:**

Di Blasio, P. (2000). *Psychology of abused child*. Il Mulino

**Supplementary material** (uploaded online before each lesson):

Slides

Scientific articles

Other references will be given in class

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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