



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Laboratorio 7 - Anziani tra invecchiamento attivo e disabilità

2223-3-E3901N063

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#### Learning objectives

To know different areas and contexts in the elderly area.

To understand the peculiarities of the work of the social worker with aged people.

Applying knowledge and understanding

To develop competence in the analysis of situations that require social intervention in the elderly area.

Identify and plan possible intervention paths to support fragility and promote individual, group and community resources; consistent with demographic changes and social policies.

#### Contents

During the lessons students will be accompanied in the knowledge of different areas and intervention projects of the elderly area.

The path through meetings with experts and, if it will be possible, educational outings, is an opportunity for reflection and comparison with respect to the role that the social worker can have in helping relationships with elderly people and their families, but also to promote individual group and community resources.

#### Detailed program

The course will deal with the following topics, modulating them based on the students' knowledge and interests:

- The needs of the elderly and their caregivers.
- Support for domiciliation.
- New forms of living.
- The role of the community.
- Residential services.
- The social worker as promoter of innovative projects and interventions to develop social cohesion and for the construction of formal and informal networks.

## Prerequisites

Sufficient educational skills in logic, social culture and reasonable capacities in learning, writing and communication

## Teaching methods

The workshop will develop through some moments of presentation by the teacher through which the reflection and comparison with and among the students will be solicited. Individual and group exercises will be proposed.

There are also guided visits to services and institutions in Milan and neighboring areas, involving experts; analysis and reworking of different materials proposed by the teacher or collected by the participants (such as videos, articles, images, texts ...);

## Assessment methods

The evaluation of the laboratory, "approved / not approved", will be based on the active participation of students in all proposed activities.

## Textbooks and Reading Materials

Pavesi N. (a cura di), "Il lavoro sociale con gli anziani", Erickson, 2013

Taccani P., "Lavoro di cura e automutuo aiuto. Gruppi per caregiver di anziani non autosufficienti", Franco Angeli, 2010

Treu T., "L'importanza di essere vecchi. Politiche attive per la terza età", Il Mulino, 2013

AA. VV "Il sostegno ai caregiver familiari di anziani a Torino. Un sistema articolato di percorsi di supporto" in Prospettive sanitarie e sociali, n° 4-2015

Sapio A. (a cura di) *“Famiglie, reti familiari e cohousing”*, Franco Angeli 2010

Noli Marco\*, “PI e PAI espressione della visione della persona anziana” in\* I Luoghi della Cura n° 5-2019

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## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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