



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia Sociale

2223-2-E3901N032

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#### Learning area

Social Psychology (6 CFU - E3901N032)

#### Learning objectives

Knowledge and understanding

The aim of the course is the acquisition of a basic knowledge of the theories and practices of intervention concerning the following topics:

- a) group structures and dynamics;
- b) work stress in the helping professions;
- c) knowledge and awareness of one's own attitudes and implicit theories (reflexivity) that are at work during the relationship with "the other";
- d) social interaction, human communication and relational implications in the work of the social worker;

\*\*\* Ability to apply knowledge and understanding \*\*\*

Recognizing and managing intra / intergroup dynamics represent two of the most important skills in the work of every social worker. It is also essential to know one's own and others' attitudes with respect to internalized social categories, explicit and implicit attitudes, the communication styles to be adopted, the role of prejudices (one's own and others'), which can undermine or facilitate the creation of a harmonious relational climate. .

## **Contents**

The main models will be addressed. Among these, intra-group and inter-group dynamics, attitudes and prejudice, the relational modalities that characterize the work of the social worker. Particular attention will be given to the awareness of the student's personal experiences with respect to their own implicit schemes and systems of representation of reality.

Finally, the models and techniques of intervention in the field of intercultural and ethnopsychiatric work will be extensively discussed.

## **Detailed program**

- What is Social Psychology;
- The attribution theory:
- Social cognition: heuristics, social categorization;
- Attitudes: training, attitude-behavior relationship, change of attitudes;
- Aggression and pro-social behavior: what strategies to discourage the one and promote the second ?;
- Social influence: social norms, conformity, obedience. Famous studies that have explored the role; social influence on human behavior;
- Stress, burnout and work engagement;
- The Self: development and awareness;
- Group processes: what is a group? How does the individual relate to it? Leadership and productivity;
- Intergroup relations: prejudice, discrimination and intergroup bias, reduction of prejudice, famous experiments on the relationship between groups;
- Principles of interculture: perspectives and models, theories relating to the coexistence of groups of people with different religious, cultural, ethnic origins;
- Introduction to ethnopsychiatry: intervention models and practices; migrant users, second generation minors and adults, mixed couples, Italians of Muslim religion, etc ...

## **Prerequisites**

Sufficient logical skills, learning, writing and oral communication; foundations of social culture. Preferable knowledge of the basics of Cultural Anthropology. Propensity to group work. Passion, curiosity, open-mindedness.

## **Teaching methods**

Participated lessons and classroom exercises, intervention of external professionals. "Field" experiences outside the university.

## **SYNCHRONOUS REMOTE LESSONS AND LESSON RECORDINGS (FOR THOSE NOT ATTENDING LIVE LESSONS)**

### **Assessment methods**

Oral exam (course topics) and presentation of personal projects starting from the course topics previously agreed with the teacher.

Foreign students can take the exam in English.

### **Textbooks and Reading Materials**

- Richard J. Crisp, Rhiannon N. Turner (a cura di Cristina Mosso) - "Psicologia sociale" (Terza edizione, 2021), UTET - Università.

#### **A book to be chosen from: -**

- Reich, W. (2009) - Psicologia di massa e del fascismo. Torino: Einaudi editore.
- Cabiati, E. (2020) - Intercultura e social work: Teoria e metodo per gli interventi di aiuto con persone di minoranza etnica .
- Inghilleri, M. (2022) - L'era del post-umano. Appunti per un Manuale di Filosofia Politica

On the e-learning platform they will also provide supplementary handouts, especially for issues related in the following topics: burnout, communication and intercultural relations. The curriculum is the same for everyone, regardless of the type of frequency. However, it is strongly recommended to attend classes because different topics will be studied in the classroom.

#### **What to study**

- "*Psicologia Sociale*": Whole book, except chapters 12,13,14 (It must be studied only paragraph 14.4 of Chapter 14).

#### **A book to be chosen from: -**

- "Psicologia di massa e del fascismo": whole book
- "Intercultura e social work": whole book
- "L'era del post-umano. Appunti per un Manuale di Filosofia Politica: whole book

### **Sustainable Development Goals**

GENDER EQUALITY | REDUCED INEQUALITIES | SUSTAINABLE CITIES AND COMMUNITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS

