



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Laboratori Professionalizzanti 2

2223-2-I0202D112

Aims

Theoretical introduction to functions, neuro-psychomotor development and Introduction to origin, principles and setting of SAM's Method.

Contents

SAM'S METHOD: Introduction: origin, principles and setting of SAM's Method. Exercises and experience of exercises in a small group of students.

Detailed program

SAM' S METHOD

Introduction: origin, principles and setting for SAM's Method.

Personal space-related exercises: practical demonstration.

Extraperpersonal space-related exercises: practical demonstration.

Experience of exercises in small groups of students

Prerequisites

Objectives of the first year courses

Teaching form

Tutorials

Textbook and teaching resource

1. Il metodo SAM. a cura di: Annalisa Risoli. Edizione: 2013. Collana: CAROCCI FABER
2. Le professioni sanitarie (66). ISBN: 9788874666829. Pagine 288

Semester

First Semester

Assessment method

Attendance

Office hours

You receive by appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
