UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Applied Kinesiology

2223-1-I0202D140-I0202D105M

Aims

By the and of the course, students should have acquired the knowledge of kinesiology, and knowledge of the principles of rehabilitation

Contents

APPLIED KINESIOLOGY TO MUSCULAR TEST: Muscle and joint examination

Detailed program

APPLIED KINESIOLOGY TO MUSCULAR TEST

? Muscle and joint examination

Prerequisites

Objectives of the course Bases of Movement. Objectives of the course Kinesiology

Teaching form

Lectures

During the Covid-19 emergency period, lessons will take place remotely asynchronously or videoconference with some events in synchronously and some in physical presence.

Textbook and teaching resource

1. Kendall, I Muscoli, Verducci Ed, 2000.

2. ClarKson, Valutazione cinesiologica, Edi Ermes, 2002.

3. Daniels, Worthingham, Verducci Ed., 1998

Semester

Second semester

Assessment method

Written exam: quizzes with single / multiple choice and open questions with brief answer.

Final oral exam at the discretion of the teacher or on the student's proposal regarding the project

During the Covid-19 emergency period the exam will take place electronically with proctoring control.

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING