



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Terzi Method in Rehabilitation

2223-2-I0202D147

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#### Aims

Knowledge of a cognitive motor methodology to evaluate, identify and rehabilitate the spatio-temporal deficit characterizing various Neuro-developmental Disorders of interest in the TNPEE

#### Contents

Theoretical bases of the Method and correlations with neurosciences. Experiential experiences of the Terzi Method Basic exercises.

Application to the clinic in developmental age

#### Detailed program

Theoretical lesson: Introduction to the Method

Practical laboratory and role play:

The spatio-temporal organization of the personal space:

- Rhythm exercises:

One channel rhythms

The two-channel rhythms

- Attitudes

- the Touches

The spatio-temporal organization of the Euclidean metric space:

- the rectilinear translations

- the Rotations

Curvilinear translations

Discussion with the expert: Reflections on lived experiences.  
Theoretical lesson: - The theoretical basis of the Method  
- Application areas in TNPEE  
Video presentation: Application of the Method in a PCI case

## **Prerequisites**

To be enrolled in the TNPEE CdL

## **Teaching form**

Frontal lessons, role play, discussion with the expert, presentation of clinical cases

## **Textbook and teaching resource**

Ida Terzi - "Il Metodo Spazio-temporale. Basi teoriche e guida agli esercizi"

Ghedini Editore

## **Semester**

Second semester

## **Assessment method**

Final discussion

## **Office hours**

By appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

