



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Internal Medicine Nursing

2223-2-I0101D009-I0101D025M

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#### Aims

The course aims to give students knowledge of the most important internal medicine, obstetrical, gynaecological and paediatric diseases together with the guidelines for their identification and management, in order to meet patients nursing care needs with the aid of the nursing process and clinical documentation tools.

#### Contents

The information system: goals, elements, characteristics. Tools for documentation of nursing care directed to the person assisted. The application of the disciplinary method. Development of nursing care plan in relation to the person suffering from: diabetes mellitus; cirrhosis of the liver; arterial hypertension; pneumonia.

#### Detailed program

Types of communication and information sharing between team members to ensure continuity of care for patients. Responsibility for clinical documentation tools legal significance and management: nursing folder, integrated medical records, processes and guidelines. According to the conceptual model adopted, carry out the nursing care process steps. Nursing care plans for some clinical internal medicine pathologies: diabetes mellitus, cirrhosis of the liver, arterial hypertension, pneumonia. Nursing intervention in relation to certain care situations: indicate grounds and principles of the different diets; nursing care during paracentesis and thoracentesis; suction of airway secretions; pressure injuries treatment. Procurement and conservation of drugs. Therapeutic time organization and medication administration routes: percutaneous, enteral, inhalation, parenteral (subcutaneous, intradermal - including hypodermoclysis -, intramuscular, intravenous), ocular, auricular, nasal. Conservation, administration, and registration of narcotic substances. Oxygen therapy administration. Introduction and management of periferic venous catheters. Administration of infusion therapy.

## Prerequisites

Positive evaluation in the following exams: Fundamentals of Nursing and Midwifery Sciences; Nursing Clinical Methodology; Biomedical Sciences 1; Human Physiology.

## Teaching form

Face-to-face lectures unless otherwise indicated by the Rector

## Textbook and teaching resource

Benci L. (2015) Aspetti giuridici della professione infermieristica, VII ed., Milano: McGraw-Hill Ed.; Benci L. (2014) La prescrizione e la somministrazione dei farmaci. Responsabilità giuridica e deontologica, Firenze: Masterbooks Ed.; Smeltzer S.C., Bare B., Hinkle J., Cheever K. (2017) Brunner - Suddarth Infermieristica medico-chirurgica, Vol. 1-2., V ed., Milano: Casa Editrice Ambrosiana; Saiani L, Brugnoli A. (2017) Trattato di scienze infermieristiche, volume 3, Napoli: casa editrice Idelson-Gnocchi; Craven R.F., Hirnle C., Henshaw C.M. (2019) Principi fondamentali dell'assistenza infermieristica, sesta edizione, Milano: Casa Editrice Ambrosiana; Manuale del Fascicolo di Ricovero 3a edizione rev.01 2021 – Regione Lombardia: [https://www.regione.lombardia.it/wps/wcm/connect/7003de0b-a9c3-4a1e-afb0-3c801251f6f1/MANUALE+FASCICOLO\\_RICOVERO\\_3A\\_EDIZIONE\\_REV01\\_2021.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-7003de0b-a9c3-4a1e-afb0-3c801251f6f1-nSOWiBr](https://www.regione.lombardia.it/wps/wcm/connect/7003de0b-a9c3-4a1e-afb0-3c801251f6f1/MANUALE+FASCICOLO_RICOVERO_3A_EDIZIONE_REV01_2021.pdf?MOD=AJPERES&CACHEID=ROOTWORKSPACE-7003de0b-a9c3-4a1e-afb0-3c801251f6f1-nSOWiBr) consultato il 9 giugno; 2022; Manuale della documentazione sanitaria e sociosanitaria [http://www.regione.lombardia.it/wps/wcm/connect/a454bca8-5c65-45f6-a546-5318c599855d/MDS+Reg+Lombardia\\_1febbraio2013.pdf?MOD=AJPERES&CACHEID=a454bca8-5c65-45f6-a546-5318c599855d](http://www.regione.lombardia.it/wps/wcm/connect/a454bca8-5c65-45f6-a546-5318c599855d/MDS+Reg+Lombardia_1febbraio2013.pdf?MOD=AJPERES&CACHEID=a454bca8-5c65-45f6-a546-5318c599855d) consultato il 9 giugno; 2022; ESC/ESH Guidelines for the management of arterial hypertension [https://siaa.it/wp-content/uploads/2018/09/2018\\_ESC\\_ESH\\_Guidelines\\_for\\_the\\_management\\_of.2.pdf](https://siaa.it/wp-content/uploads/2018/09/2018_ESC_ESH_Guidelines_for_the_management_of.2.pdf) consultato il 9 giugno 2022; Linee guida cura del diabete tipo 1 [https://snlg.iss.it/wp-content/uploads/2022/04/LG\\_La-terapia-del-diabete-di-tipo-1\\_rev.pdf](https://snlg.iss.it/wp-content/uploads/2022/04/LG_La-terapia-del-diabete-di-tipo-1_rev.pdf) consultato il 9 giugno 2022; Linee guida cura del diabete tipo 2 [https://snlg.iss.it/wp-content/uploads/2021/07/LG\\_379\\_diabete\\_2.pdf](https://snlg.iss.it/wp-content/uploads/2021/07/LG_379_diabete_2.pdf) consultato il 9 giugno 2022; Ministero della Salute - Stato delle conoscenze e delle nuove acquisizioni in tema di diabete mellito [https://www.salute.gov.it/imgs/C\\_17\\_pubblicazioni\\_3229\\_allegato.pdf](https://www.salute.gov.it/imgs/C_17_pubblicazioni_3229_allegato.pdf) consultato il 9 giugno 2022; Linee guida internazionali sul piede diabetico, 2015 <http://www.siditalia.it/clinica/linee-guida-altri/send/83-linee-guida-e-documenti-di-altri/3044-linee-guida-internazionali-sul-piede-diabetico-2015-edizione-italiana> consultato il 9 giugno 2022; RACCOMANDAZIONI GAVeCeLT 2021 PER LA INDICAZIONE, L'IMPIANTO E LA GESTIONE DEI DISPOSITIVI PER ACCESSO VENOSO <https://gavecelt.it/nuovo/sites/default/files/uploads/Raccomandazioni%20GAVeCeLT%202021%20-%20v.2.0.pdf> consultato il 9 giugno 2022; Prevenzione e Trattamento delle Ulcere/Lesioni da Pressione: Guida Rapida di Riferimento 2019 <https://www.epuap.org/wp-content/uploads/2020/11/qrg-2019-italian.pdf> consultato il 9 giugno 2022; Manuale della documentazione del percorso di terapia farmacologica [http://www.regione.lombardia.it/wps/wcm/connect/1178c197-b6d5-48e7-b0bc-800893ea1c4f/Manuale\\_documentazione\\_farmacologica\\_2018.pdf?MOD=AJPERES&CACHEID=1178c197-b6d5-48e7-b0bc-800893ea1c4f](http://www.regione.lombardia.it/wps/wcm/connect/1178c197-b6d5-48e7-b0bc-800893ea1c4f/Manuale_documentazione_farmacologica_2018.pdf?MOD=AJPERES&CACHEID=1178c197-b6d5-48e7-b0bc-800893ea1c4f) consultato il 9 giugno 2022.

## Semester

2nd Year, 1st Semester

### **Assessment method**

Written exam: closed-answer test

Oral exam:

interview on the topics covered in class

interview on in-depth topics not covered in class

### **Office hours**

On appointment

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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