



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Theoretical Fundamentals of Nursing

2223-1-I0101D901-I0101D904M

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#### Aims

The student will know:

The historical development of care, nursing and midwifery, related to social and cultural factors and professionals roles. Be familiar with the stages of a professional evolution and epistemological foundations concerning nursing. The evolution of Nursing theory and the concept of Evidence Based Nursing. The main approach to the concepts of individual, health, environment and nursing. Know the conceptual structure adopted by the different contexts concerning Nursing. The main laws about the organization of the National Health Service and the relationship between nurse and healthcare assistants. The concept of accountability and the main laws about nursing profession in Italy.

#### Contents

The course aims to give students the historical, disciplinary and professional fundamentals in nursing, in order to promote and develop the professional role. Students will be also able to know the theoretical model and the nursing process.

#### Detailed program

The concept of profession; the concept of profession according to sociology: definition and attributes. The concept of Nursing in sociology. Nursing profession today in Italy and the main laws.

The foundation of scientific knowledge. The concept of discipline. Nursing discipline and foundation: object, method and purpose. The origin and the advancement of the Evidence Based Practice. The definition of hierarchy of

sources. The concepts of Nursing discipline. Individual, according to biomedical and systemic approaches. The concept of health and sickness; historical notes in the health concept's evolution. Sickness and environment influence.

Nursing research

The development of EBP

## Prerequisites

## Teaching form

Lectures, video, discussion.

## Textbook and teaching resource

### All the Schools

- Ausili D., Sironi C. Una lettura dell'evoluzione delle conoscenze infermieristiche in Italia In: Atti del convegno CNAI. Le scienze infermieristiche in Italia: riflessioni e linee di indirizzo; 24-25 ottobre 2013; Milano: CNAI, 2013. p. 50-78
- Benci L. (2019) *Aspetti giuridici della professione infermieristica* (7<sup>a</sup> ed.) Milano: Mc Graw Hill
- Craven R.F., Hirnle C.J (2019) *Principi fondamentali dell'assistenza infermieristica*. IV edizione. Milano: CEA (capp. 2, 9, 11, 12, 13, 14, 15)
- Manzoni E. Lusignani M., Mazzoleni B. (2019) *Storia e filosofia dell'assistenza infermieristica*. II edizione. Milano: CEA
- Saiani L. (2011) *Promozione della salute, malattia acuta e cronica* In: Saiani L., Brugnolli A. *Trattato di Cure Infermieristiche*. Napoli: Casa Editrice Idelson-Gnocchi, 86-100
- Sironi C., Baccin S. (2006) *Procedure infermieristiche nell'epoca delle prove di efficacia* In: Sironi C., Baccin S. *Procedure per l'assistenza infermieristica*, Milano: Masson, 3-11
- Costantini W., Calistri D., (2013), *Ostetrica. Le basi scientifico-culturali*. Padova: Piccin; (Volume 1, Parte II, Percorso 8 "La Storia dell'Ostetricia").
- Guana M., et al, (2011) *La disciplina ostetrica: teoria, pratica e organizzazione della professione*, Milano: McGraw Hill, (cap. 1).

### Additional Bibliography for students in Bergamo

- Adam Evelyn, *Essere infermiera*, Vita e pensiero, Milano, 1989 (ed. orig. 1979) disponibile presso le biblioteche
- Bizier Nicole, *Dal pensiero al gesto*, Sorbona, Milano, 1993, (2° ed.orig. 1992) disponibile presso le biblioteche
- Henderson Virginia, *Principi fondamentali della assistenza infermieristica*, a cura del Comitato per i Servizi infermieristici del Consiglio Internazionale delle infermiere, Consociazione Nazionale Infermiere/i e altri operatori Sanitario Sociali, 1969,
- Herdman H., Kamitsuru S., Takào Lopes C., (a cura di) (2021) *NANDA – I - Diagnosi Infermieristiche – Definizioni e classificazione – 2021 – 2023*. Milano: Casa Editrice Ambrosiana
- Rigon L.A. *La pianificazione dell'assistenza infermieristica con l'elaborazione teorica di Gordon e le tassonomie NANDA- I, NOC e NIC: stato attuale e prospettive*. In Atti del Convegno CNAI. Le scienze

infermieristiche in Italia: riflessioni e linee di indirizzo; 24 - 25 ottobre Milano CNAI, 2013. p. 97 -122

### **Additional Bibliography for students in Monza, Lecco and Sondrio:**

- Ausili D, Baccin G, Bezze S, Bompan A, Macchi B, Alberio M, Sironi C, Di Mauro S (2018) Il Modello assistenziale dei processi umani 2018: un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità. Milano: CNAI.

Link per il reperimento della terminologia ICNP® Disponibile da:

## **Semester**

1st Year, 1st Semester

## **Assessment method**

Written (30 multiple choice questions) and oral examination.

Written examination: 30 multiple choice questions (minimum mark 18/30 to be admitted to the oral examination).  
The publication of the examination results will be published within three days from the date of the test.

Oral examination: The oral examination will be scheduled within 10 days from the date of the written test.

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY

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