



**UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA**

## **SYLLABUS DEL CORSO**

### **La Nuova Cultura delle Cure Palliative**

2223-2-I0101D906

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#### **Aims**

At the end of the course students will be able to:

- Knowledge in palliative care in light of recent legislative and socio-cultural changes.
- The analysis of palliative care needs and the knowledge of the "palliative care network", of the levels of care provided and of the phases of taking charge.
- The importance of the team and the different roles in accompanying the incurable and advanced disease patients.

#### **Contents**

Palliative care is the active and comprehensive care given to the patient when the disease no longer responds to the healing treatment. The control of pain and other symptoms, of psychological, social and spiritual problems is of primary importance. Palliative care is interdisciplinary and involves the patient, his family and the community in general. They take care of the patient who takes care of guaranteeing the most basic needs wherever they are, at home or in hospital. Palliative care respects life and considers dying a natural process. Their purpose is not to accelerate or defer death, but to preserve the best possible quality of life until the end. In this sense, the role of the professional nurse is therefore of fundamental importance, as highlighted by articles 35 and 39 of the Deontological Code of Nurses (2009).

#### **Detailed program**

- Palliative care today: meaning and evolution in the light of current regulations
- The Palliative Care Network and Delivery Levels

- The team and professional advice in palliative care
- Presentation and discussion of clinical cases

## Prerequisites

2nd and 3rd year of course Student Nurses

## Teaching form

Frontal lecture, discussion of clinical cases

## Textbook and teaching resource

- C.Prandi *Infermieristica in cure palliative*. Milano, Edra, 2015
- *Cure paliative precoci e simultanee*. AIOM-SICP,2015
- Legge 15 marzo 2010 n.38 "Disposizioni per garantire l'accesso alle cure paliative ed alla terapia del dolore"
- DGR n.5918 del 28/11/2016 "Disposizioni del modello organizzativo delle rete delle cure palliative in lombardia"
- LR n.23 del 2015 "Evoluzione del Sistema Sanitario Lombardo"
- Chiari P,Santullo A, *L'infermiere case manager dalla teoria alla prassi*, McGrawhill,milano 2011
- Cesarina Prandi, *Infermieristica in cure palliative*, Edra Ed.
- H. Wijkmark, *La morte moderna*, Iperborea Ed.
- L. Tolstoj , *La morte di Ivan Il'ic*, Dalai Ed.
- Kubler Ross E., *Impara a vivere, impara a morire: riflessioni sul senso della vita e sull'importanza della morte*
- T. Terzani, *La fine è il mio inizio*, Longanesi Ed.
- M. Sozzi, *Reinventare la morte, introduzione alla tanatologia*, Laterza Ed.
- De Hennezel Marie, *Prendersi cura degli altri*, Lindau, Torino 2008
- F. Ostaseski, *Saper accompagnare*, Mondadori Ed.

## Semester

second semester

## Assessment method

Frequency

**Office hours**

**Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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