



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### **Nursing Assistance To The Family and The Community in The Care Elderly Chronic an**

2223-2-I0101D916

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#### **Aims**

The training course will allow students to deepen their knowledge of:

- The nurse: fulcrum of connection between the welfare and social needs and the Professionals operating in both pediatric and geriatric chronicity in the hospital-territory network flow.
- Knowledge in the area of territorial care in the light of recent legislative and socio-cultural changes.
- The importance of involvement and coordination also of the Education / Training Professionalism in the management plan in order to support and enhance the residual abilities of the person with chronicity.

#### **Contents**

The Italian NHS is laying the foundations to implement a change aimed at an appropriate and equitable management of chronicity, as stated in the National Chronicity Plan and Regional Health Plan (where nurses take on a leading role, ed.).

It comes from the need to harmonize, at national level, the management activities of chronicity, with the aim of promoting interventions based on a unitary approach, centered on the person and oriented towards a better organization of services and full responsibility for all assistance actors. The Plan proposes new organizational models centered on territorial and home care, integrated, delegating the management of acute / complex cases not manageable by primary care health professionals to hospital care.

The "taking charge" of the citizen should take place on the basis of the Diagnostic Therapeutic Assistance Pathways outlined for each pathology, always taking into account the peculiarities of each individual patient. This approach should aim to offer each patient the appropriate care at the right time and in the right place, receiving the assistance of health professionals who, by role and skills, can take care of them by addressing and solving health problems with a systemic and multidimensional approach.

## Detailed program

The regional law 23/2015 and the taking in charge of the person with chronic pathology through the various services offered

Discovering the Elder: his potential and who he takes charge of.

- Clinical case contextualized in R.S.A.
- Clinical case contextualized in C.D.A. with interaction with the professionalism of the educator

Nursing assistance in A.D.I.: the nurse, the Assisted and the Caregiver

- Clinical case contextualized in A.D.I. (Pediatric) with welfare integration at school

Two direct testimonials from Caregiver for the pediatric and geriatric fields

## Prerequisites

2nd and 3rd year Nursing Student

## Teaching form

Frontal lecture, discussion of clinical cases

## Textbook and teaching resource

- Marcadelli S., Obbia P., Prandi C. (2018) Assistenza domiciliare e cure primarie. Il nuovo orizzonte della professione infermieristica. Milano: Edra.
- Mongardi M. (2011) L'assistenza all'anziano. Ospedale, domicilio, territorio. Milano: Mc Graw-Hill.
- Kathol R.G., Perez R., Cohen J. S. (2014) Manuale di case management. Milano: CEA
- Di Meo S., Biatta S., Fogato G., Lamura G., Pezzetta S., Vivori C., Zanetti E. (2018) Cap. 15 – L'educazione Terapeutica e il sostegno al caregiver della persona con compromissione dell'autonomia o con necessità assistenziali complesse. Manuale per operatori "educare alla Salute e all'Assistenza". Milano: Mondadori
- Badon P., Cesaro S.; Assistenza Infermieristica in Pediatria (2°Ed). Milano: CEA 2015.

## Semester

second semester

## **Assessment method**

frequency

## **Office hours**

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION

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