



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### L'assistenza alla Persona Affetta da Malattia di Alzheimer

2223-2-I0101D103

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#### Aims

Develop in the students of the degree course in nursing the knowledge regarding the assistance to people suffering from Alzheimer's disease (AD) with the aim of knowing how to recognize the right approach to care and favoring a maintenance of the psychophysical balance of the person affected by dementia of which takes care in the different care settings: home, hospitalization in a long-term hospital, day center or an acute care ward.

Promote knowledge of the approach to the person with the Gentle Care and Personal Centered Dementia Care methodology by transferring knowledge relating to the care of these patients to caregivers.

Promote therapeutic education for the person and the caregiver in order to improve the quality of life in people with AD

#### Contents

The approach to the person with dementia stands as knowledge of the disease, care and long-term assistance that progressively requires the search for increasingly complex solutions in the face of the emergence of increasingly complex needs. The degenerative and progressive character and its persistence over the years lead to mental and physical disabilities, accompanied by clinical instability; over time they cause an involvement in an increasingly intense and difficult sense also of the family nucleus and in particular of the caregiver of reference. The main objective of the treatment then becomes no longer the healing but the promotion of the well-being of the person and the containment of the stress of those who take care of the patient referring to a concept of well-being intended as the best functional level for that person with those characteristics of AD.

#### Detailed program

Outline of pathology, epidemiological aspects, diagnosis and treatment of AD

- Cognitive Deficits and Non-Cognitive Disorders Behavioral and Psychological Symptoms in Dementia (BPSD)
- The care approaches in the management of non-cognitive disorders
- The care models to take care of Alzheimer's patients: "The Gentle Care model" and the "Person Centered Dementia Care" model
- The treatment of Alzheimer's patients in hospitals and in the local area (The communities that are friendly to dementia)
- The approach with caregivers and the problems of taking care
- Discussion in plenary of the topics covered, ethical aspects

## **Prerequisites**

Second year

## **Teaching form**

Frontal lesson, narration, videos related to the in-depth topic

## **Textbook and teaching resource**

Linee guida dell'A.A.N. (American Academy of Neurology) [www.aan.com](http://www.aan.com)

Moyra Jones, (2005) "Gentlecare-Un modello positivo di assistenza per l'Alzheimer" ed Carrocci Faber

Mitchell G, Agnelli J. (2015) Person-centred care for people with dementia: Kitwood reconsidered. *Nurs Stand.* 14;30(7):46-50.

SITOGRAFIA:

[www.alzheimer.it](http://www.alzheimer.it)

[www.alz.org/it/cervello\\_italiano.asp](http://www.alz.org/it/cervello_italiano.asp)

[www.formalzheimer.it/images/2011siggdelenziabstract.pdf](http://www.formalzheimer.it/images/2011siggdelenziabstract.pdf)

Martin Suter, "Come è piccolo il mondo!" ed. Feltrinelli

## **Semester**

second-third year

## **Assessment method**

Attendance certified to the 8-hour course

## **Office hours**

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES  
| PEACE, JUSTICE AND STRONG INSTITUTIONS

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