



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Strategies Against Violence

2223-2-I0101D138

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#### Aims

The training course will allow students to learn more about:

- The importance of a continuous awareness of all health professionals in order to maintain a high level of alert that allows to intercept and identify all cases of violence in various dimensions
- Legislative peculiarities and regulations
- The critical analysis on the path of violence, intra and extra hospital
- The analysis of the assistance approach
- The importance of a synergistic and integrated orientation of the different figures, skills and resources
- Give a knowledge of the issue of violence from reception to the end of the journey

#### Contents

MANGILI ANTONELLA

Violence, mistreatment and sexual abuse of women are unfortunately present in everyday social life and often go unpunished because they are acted in a relationship. Every type of violence leaves in the victim a pain that lasts over time, in addition to the risk of never seeing a true and full punishment of the serious offense committed by the attacker, also due to numerous missed reports and complaints for fear of retaliation: the result is that the woman can not start a path to get out of the circle of violence.

The phenomenon is terrible: in Italy in 2017, a woman was killed about every two days. Added to this are numerous other types of violence, often not intercepted, which may over time lead to many other victims. According to ISTAT data, about 7 million women have suffered a form of abuse during their lifetime. Nurses and all health professionals are called upon to play a very important role in identifying and managing these situations, but above all in the prevention and protection of the health of victims and the family context, especially in the presence of minors.

The elective course aims to sensitize the students of the Degree in Nursing (future health professionals) to the importance of the correct recognition of the problem of abuse / maltreatment and a qualitatively advanced care

approach, which can not be separated from the integration of different skills, resources and professional figures, essential for building a synergistic path of hospitality and care.

## **Detailed program**

- general introduction of the phenomenon
- the national and international regulatory framework
- physical, economic, psychological, sexual and religious violence
- the phases of the cycle of violence
- the chain of non-violence and coordination on the territory
- collaboration with law enforcement and judicial authorities
- the reception of women the importance of the role played by the nurse in the first aid c/o the EAS Center; the specific company protocols of synergy between the various First Aid units
- The peculiarities of management of the victim woman during the triage phase, interception, alarm bells, professional evaluation, taking charge, what strategies to give the right answer to the question in question
- some practical tests and closing questions

## **Prerequisites**

2nd and 3rd year of course Student Nurses

## **Teaching form**

Interactive lesson with slides, plenary discussion, selected bibliography

## **Textbook and teaching resource**

- "Beyond victims and villains", Panos Institute. In particolare pag. 3 cap. 1: The global context: the gender violence and human-rights movements.
- Preventing violence: a guide to implementing the recommendations of the World report on violence and health", IV Parte: "Promoting social and gender equality and equity to prevent violence"
- La Conferenza Mondiale sui diritti umani: Dichiarazione di Vienna e Programma d'azione
- "Violence against women and girls", Innocenti Digest no. 6, UNICEF Innocenti Research Centre

## **Semester**

second semester

## **Assessment method**

Frequency

## **Office hours**

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY

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