



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### **Nursing in The Mental Health The Reality of High-Assistance Community (cpa)**

2223-3-I0101D907

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#### **Aims**

- Know the territorial network for mental health care
- Know the type of users that you are referring to and the main nursing assistance needs
- Understand the role of the nurse within the territorial mental health network
- Know the main legislation in vogue that regulates the mental health network
- Understanding possible strategies for dealing with some "common" problems through the treatment of clinical cases

#### **Contents**

The network of mental health services and types of assistance

- Current legislation in the field of mental health
- History of how the onset and treatment of psychiatric pathology has evolved
- Type of users, overview of psychopathology and prevalent nursing assistance needs
- Professional figures working in the field of mental health
- Development of clinical cases with open discussion and role playing

#### **Detailed program**

The network of mental health services and types of assistance

Current legislation in the field of mental health

- History of how the onset and treatment of psychiatric pathology has evolved
- Type of user, overview of psychopathology
- Professional figures working in the field of mental health

Role of the nurse and the prevailing nursing assistance needs

Development of clinical cases with open discussion and roleplaying

Discussion and closing remarks

## **Prerequisites**

Students must be enrolled in the third year of Bachelor Degree in Nursing Science

## **Teaching form**

Frontal lesson and role playing with treatment of a clinical case

## **Textbook and teaching resource**

Teachers materials

## **Semester**

second semester

## **Assessment method**

frequency

## **Office hours**

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES

