



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Tirocinio 2

2223-2-I0301D012

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#### Aims

The student should learn to: •Assist the colleagues or the dental personnel •describe the dental chair and prepare it •sterilize the

instruments and give the instruments required for the hygienic performance •Fill in the clinical folder/charting and periodontal probing, under the supervision of an upper-level colleague or tutors •Recognize the instruments for the practice of oral hygiene

#### Contents

The student should learn: •The basics of hygiene in the preparation of the instruments and that of the dental chair for the dental practice •The contents of a medical record and how to fit it •The manoeuvres of sterilization of the instruments and disinfection of the dental chair •Through the assistance of a upper-level colleague, the approach to the patient •How to assist to the colleague during the manoeuvres of hygiene

#### Detailed program

- Manual instrumentation for mechanical therapy (not surgical)
- To check the oral cavity of the patient (dental elements, mucosa)
- To perform a periodontal examination
- To draw up a plan of treatment

- To communicate with the patient, educate and motivate him on a proper home oral hygiene
- Execution protocol of debridement
- Execution protocol of root planing
- Execution protocol of dental sealing
- Execution protocol of application of fluoridated gel
- Protocol of treatment of periodontal diseases
- Guidelines of oral hygiene in surgical, orthodontic, pediatric, geriatric and special-needs patient

To alongside colleagues in the first year and to educate them on the approach to the patient and on the filling in of medical record

## **Prerequisites**

Admission to second year, 600 hours of practical/theoretical internship

## **Teaching form**

Practical lessons are supervised by tutors, dental personnel, industry experts, teachers. Cases of patients are discussed during the briefing.

## **Textbook and teaching resource**

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Wilkins Esther, La pratica clinica dell'igienista dentali, PICCIN

## **Semester**

Single year

## **Assessment method**

Written, oral and practical

## **Office hours**

Tuesday and Friday from 8.30 A.M. to 12.00 A.M. sending email to fix the appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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