UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Cities and Quality of Life

2223-2-F8802N012

Learning objectives

Achieve the necessary skills to define, measure and evaluate the quality of urban life and the most appropriate policies to increase it, both individually, collectively or for specific population groups. Develop abilities for collaboration with other professionals in planning activities.

Contents

The course will be articulated in different parts concerning the history of the research on quality of life, the definition of the concept of quality of life and the methodology for studying quality of life, with further details on the quality of life for metropolitan populations: residents and non-residents and on urban policies. A specific and introductive part of the course will concern the role of sociology in planning for improving urban quality of life.

Detailed program

COURSE INTRODUCTION

Part one
Definition of territorial systems
Cities and urban populations

Part two
Sociology and urban planning
Sociology and social participation

Part three
Policies improving uality of life

Part four

- Definition of urban quality of life
- Sources and indicators
- Research methods on quality of life
- Results of Italian and international research
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Part five
Design and development of research on quality of life

Prerequisites

General skills in urban sociology

Teaching methods

Lectures, presentations of papers and exercises

Assessment methods

For attending students the results of the exercises, the presentation of readings and the final report will be evaluated
Non-attending students will take a written test in presence
For both an additional facultative oral exam is provided

Textbooks and Reading Materials

For attending students
Mela A. et al. (2000) *Sociologia e progettazione del territorio*, Roma: Carocci.
Nuvolati G. (a cura di) (2018) *Sviluppo urbano e politiche per la qualità della vita*, Firenze: FUP (selected chapters).
Nuvolati G. e D'Ovidio M (forthcoming) *Temi e metodi per la sociologia del territorio*, Torino: UTET (selected chapters).

For non-attending students
Mela A. et al. (2000) *Sociologia e progettazione del territorio*, Roma: Carocci.
Nuvolati G. *La qualità della vita delle città* (on-line).
Nuvolati G. (2007) *Mobilità quotidiana e complessità urbana*, Firenze: FUP.
Nuvolati G. (1999) "La geografia dello sviluppo urbano in Europa. Origini storiche e scenari futuri", in G. Martinotti (a cura di) *Dimensione metropolitana: sviluppo e governo della nuova città*, Bologna: il Mulino, pp. 99-118.

**For international students **
A reading list in English will be provided upon request. An English exam will be allowed as well.

Sustainable Development Goals

SUSTAINABLE CITIES AND COMMUNITIES