UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychology

2223-1-F5104P005

Learning area

Theories and models of psychopathology and treatment

Learning objectives

Knowledge and understanding

- Acquisition of the principles related to the clinical classification of the patient

- Understanding of the terminology related to the different models and the different clinical diagnoses

- Acquisition of the principles related to treatment

Ability to apply knowledge and understanding

- Develop the basic skills for the diagnosis of the patient

- Critical understanding of specific psychopatological fetaures concerning diagnosis and treatment

- Integration of clinical aspects

Contents

Theories in clinical psychology

Psychiatric diagnosis

Principles of treatment

Detailed program

Introduction to clinical psychology

The mental state examination

Depressive disorders

Bipolar disorders

Suicidal risk

Anxiety disorders

Obsessive-compulsive spectrum disorders

Psychotraumatology

Dissociative disorders

Eating disorders

Substance use

Personality disorders

Psychological problems in older adults

Prerequisites

Knowledge of diagnostic criteria of DSM-5

Teaching methods

Lessons will be held in person.
Lectures will alternate with discussions of clinical material in groups.
Clinical cases will be presented through texts and videos.

Assessment methods

Tests will be in presence.

Multiple choice test (30 questions) and 2 open ended questions. Optional oral examination if the written part is sufficient (18).

Although this course is held in Italian, for Erasmus students, course material can also be available in English, and students can take the exam in English if they wish to do so

Textbooks and Reading Materials

Supplementary materials (ppt files, articles). Ppt files are mandatory to pass the exam. They will be uploaded online at the beginning of each lesson.

Main text (parts of this text): Sadock B.J., Sadock V.A., Ruiz P., "Sinossi di psichiatria. Scienze del comportamento. Psicologia clinica", Piccin, 2018

One of the following:
Madeddu F., "I mille volti di Narciso", Raffaello Cortina, 2020
Liotti G., "La dimensione interpersonale della coscienza", Carocci, 2005
Pompili M., "Il rischio di suicidio. Valutazione e gestione", Raffaello Cortina, 2022
Lingiardi V., Madeddu F., "I meccanismi di difesa. Teoria, valutazione, clinica", Raffaello Cortina, 2002

Any other references may be given in class.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING