UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Clinical Psychodiagnosis - 1

2223-1-F5104P004-T1

Learning area

Psychological functioning: models and methods for assessment

Learning objectives

Knowledge and understanding

- Psychological Assessement: different approaches to the psychodiagnosis
- Case Formulation
- Clinical relation to patient
- Assessent with children and adolescents
- Mentalization abilities assessment

Applying knowledge and understanding

- Objective test vs. perfomance based personality test
- Integrating the nomothetic and idiographic approach
- Methods to evaluate clinical alliance
- Developmental age and diagnostic setting: methods and perspective
- Methods to evaluate mentalization abilities

Contents

The course aims to present some of the psychological instruments used both in the clinical and research field. In

the first part of the course, students will be presented with the diagnostic process within the contest of adults patients. The second part of the course aims at providing theoretical and operational tools to work within developmental age.

Detailed program

- Psychological diagnosis
- Differences between descriptive and explanatory approach
- Integration of diagnostic approaches
- Tests: the basics
- Writing up diagnostic reports
- Developmental diagnosis
- Collaborative approach
- Mentalizing abilities assessment

Prerequisites

A good knowledge of the basis of Psychopathology and Interviewing technique enables a more aware use of the course contents. Students lacking such basic knowledge are encourage to ask for a list of basic references.

Teaching methods

In addition to classroom lectures, part of the teaching will take place through the discussion of scientific articles, case studies, and exercises and discussions on the course topics.
The material (slides and, when possible, scientific articles) is made available on the e-learning site of the course, so that it can also be used by non-attending students.

For attending students it will be presented the possibility to deepen a topic through a written report on the psychological test used within a specific setting (clinical, scholastic, juridical).

Assessment methods

The verification of learning will be carried out through an oral examination aimed at verifying the specific knowledge of the main theoretical aspects of the course.

Participating to optional activities contributes to final evaluation.

There will be in itinere examinations reserved for attending students (two written tests, one at the end of each part of the course).

Textbooks and Reading Materials

Erasmus students can take the exam in English and/or ask for an English bibliography.

Dazzi, N., Lingiardi, V., Gazzillo, F. (2009). La diagnosi in psicologia clinica. Personalità e psicopatologia. Milano: Raffaello Cortina Editore

Migdley, N., Ensink, K., Lindqvist, K., Malberg, N., Muller, N. (2019). Il trattamento basato sulla mentalizzazione per bambini. Milano: Raffello Cortina Editore.

**Un testo a scelta tra i seguenti:

Barron, J.W. (2005) Dare un senso alla diagnosi. Milano: Raffaello Cortina Editore.

Mc Williams, N. (2012). La diagnosi psicoanalitica. Roma: Astrolabio.

Bateman, A., Fonagy, P. (2018) Mentalizzazione e disturbi di personalità. Una guida pratica al trattamento. Milano: Raffaello Cortina Editore.

Di Lorenzo, L., Parolin, L. (2022). Il Rorschach nel ciclo di vita. Milano: Raffaello Cortina Editore.

Young, J.E., Klosko, J.S., Weishaar, M.E. (2018). Schema Therapy. La terapia cognitivo - comportamentale integrata per i disturbi della personalità. Erikson.

Informazioni dettagliate circa il materiale didattico saranno pubblicate sulla relativa pagina del sito e-learning.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING