



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Comunicazione e Counselling nella Partnership Donna-Ostetrica

2223-2-I0102D909

---

#### Aims

Students will be aware of basic dynamics of communication process, in a systemic perspective. They will acquire skills and techniques useful to effective communication and will learn communication modes functional to relationship with woman (with particular focus to accompanying woman in childbirth process).

#### Contents

Effective and emphatic communication. Communication skills and abilities. Management of relational dynamics

#### Detailed program

- 1\_ Communication process: components and dynamics (Linear Communication, Pragmatics of Human Communication)
- 2\_ Communication awareness: verbal/paraverbal/nonverbal, mental representations and preconceptions, communication walls, assertiveness.
- 3\_ Structure and techniques for the interview: punctuation of the partners' communication procedures, wording of questions, active listening
- 4\_ The counselling in woman-midwife partnership and in childbirth pathway
- 5\_ Inter-cultural communication

## **Prerequisites**

none

## **Teaching form**

Lecturer, audio-visual supports, teamworks, role-playing

## **Textbook and teaching resource**

Bertram Marshall Rosenberg "Le parole sono finestre (Oppure muri)", Esserci Ed. 2003

Marianella Sclavi "Arte di ascoltare e mondi possibili. Come si esce dalle cornici di cui siamo parte", Bruno Mondadori ed. 2003

Thomas Gordon "Relazioni Efficaci. Come costruirle, come non pregiudicarle", La Meridiana Ed. 2005

Pairman Sally, Pincombe Jan, Thorogood Carol, Tracy Sally, " Midwifery preparation for practice", Churchill Livingstone, 3° ed. 2015.

## **Semester**

second

## **Assessment method**

Attendance

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | REDUCED INEQUALITIES

