



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Internati di Accompagnamento alla Nascita

2223-2-I0102D119

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#### Aims

At the end of the course the student will know the relational dynamics developed within the peer group. At the end of the course the students will understand the main strategies to stimulate the discussion and the growth in the group participants. The active training methodologies will be addressed. The techniques for body activities during pregnancy will be addressed

#### Contents

The course provides the student the fundamentals to conduct antenatal classes

#### Detailed program

The relational dynamics into the group. How to stimulate the discussion into the group. How to stimulate the group development. The active training methodologies. The techniques for body activities during pregnancy

#### Prerequisites

none

## **Teaching form**

Lectures, practice exercises and group work.

## **Textbook and teaching resource**

PAIRMAN, TRACY, THOROGOOD PINCOMBE. Midwifery. Preparation for practice, Elsevier, 2015, 3rd edition . E-book

## **Semester**

1-2 semester

## **Assessment method**

attendance

## **Office hours**

on appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | REDUCED INEQUALITIES

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