



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Gravidanza

2223-2-I0102D010-I0102D029M

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#### Aims

At the end of the course the student:

- will understand the physiology of the pregnancy
- will be able to plan an evidence based midwifery care to the mother with normal pregnancy
- will understand the changes associated to the normal pregnancy.

#### Contents

The course provides the students the essential elements to understand the physiology of the pregnancy and provides the elements to plan an evidence based midwifery care.

#### Detailed program

The students will be able to plan and to provide an evidence base midwifery care during pregnancy in accordance with the Midwifery Partnership Model, the Midwifery Management, the international Classification Functions and evaluation scales. Diagnosis of pregnancy. Normal Pregnancy: definition and changes in corporeal structures and functions. Obstetric semiotics and physical examination in pregnancy. The pelvimetria and the fetal reactivity. The education in pregnancy and healthy lifestyles. The protection and security standards during pregnancy. The prevention of the adverse reproductive outcomes (EAR). The therapeutic relationship in pregnancy; the parental relationship and the educational role of the midwife. The communication in pregnancy. Instrumental, technological, laboratory diagnostics during pregnancy and its interpretation. Models of prenatal obstetric care. The antenatal low-risk pregnancy planning.

## **Prerequisites**

Students will receive a detailed bibliography before lessons start. They will have to study the material in order to be evaluated on the required basic skills.

## **Teaching form**

Lectures, practice exercises and group work.

## **Textbook and teaching resource**

SNLG e ISS, Gravidanza Fisiologica, 2010 (updated july 2011). PAIRMAN S, TRACY J, THOROGOOD C, PINCOMBE S, Midwifery: preparation for practice, Churchill Livingstone, 2015, 3rd edition. GUILLILAND K. & PAIRMAN S., The Midwifery Partnership. Un modello per la professione ostetrica, SEU, 2012.

## **Semester**

I semester

## **Assessment method**

Written exam with multiple choice test with only one correct answer and questions with brief answers. Oral exam.

## **Office hours**

On appointment

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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