



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Psicologia della Nascita

2223-3-I0102D904-I0102D914M

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#### Aims

The course will provide the ability to identify the pathological characteristics related to the postnatal period and to recognize the different dimension of parenting in front of the pathological pregnancy and high risk newborn with a particular attention to affective codes that allow the midwife to identify the needs of pregnancy.

#### Contents

The student will be also able to assist the women in case of complicated pregnancy and birth. The student will be able to recognise and treat the most frequent complications related to the puerperium.

#### Detailed program

Changes associated to the pregnancy and birth to become mother and father in case of complicated pregnancy/birth. The narcissistic injury and the encounter with the real child. The relationship with the premature or disabled child Family support in case of high risk pregnancy/birth. Parents and midwives in front of the mourning Babyblues. Mother diseases: the post-partum depression, the nevrosis and psicosis. Post Traumatic Stress Disorder. Psychological dynamics related to abortion and infertility. Introduction to psychosomatics

#### Prerequisites

None.

## Teaching form

Lessons and case report.

## Textbook and teaching resource

- PAIRMAN S., PINCOMBE J., THOROGOOD C., TRACY S. Midwifery. Preparation for practice, Churchill Livingstone - Elsevier, Marrikville, 2015, 3°ed, e-book.
- MARMARSHALL J.E., E RAYNOR M.D., Advancing skills in midwifery practice, Churchill Livingstone, 2010 (Cap 4, 5,7,8,9,10).
- BRAZELTON T. BERRY, Il bambino da 0 a 3 anni, Rizzoli, 9° ed, 2011
- MIELI. Il bambino non è un elettrodomestico. Feltrinelli, 2011
- TRACY HOGG. Il linguaggio segreto del bambino. Mondadori, 2012

## Semester

I semester.

## Assessment method

Written exam will be an essay concerning a clinical case.

Written exam with multichoice answers and open answers

Oral exam with interview to discuss written test.

More information about the assessment will be given during the course.

## Office hours

On appointment.

## Sustainable Development Goals

GOOD HEALTH AND WELL-BEING

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