



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## SYLLABUS DEL CORSO

### Puerperio Complicato

2223-3-I0102D904-I0102D917M

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#### Aims

At the end of the course the student will have the knowledge related to the pathological characteristics related to labor in childbirth.

#### Contents

The aim of the course is to allow the students to recognise the patologic situation and to act appropriately. The student will be able to know the psychological changes associated to the pregnancy and birth and the various aspects related to becoming a mother.

#### Detailed program

Through the midwifery Partnership model of care, the midwifery management and the midwifery assessment scales, the student will learn clinical competences to assist women with a postpartum medium-high obstetric risk profile. Midwifery care in case of complicated postnatal period related to alteration of body function and structures: Nervous and mental disorders (depression post-partum) Genital-reproductive disorders (puerperal infections of the genital tract) Endocrine disorders (the Sheehan's syndrome) Hematological disorders (anemia) Cardiovascular and Respiratory disorders (thromboembolic disorders). Prevalence, diagnosis and treatment of the main Breast disease during breastfeeding (Breast fissures, blocked duct, breast engorgement, breast abscess, breast cancer). Mechanical breast suction, Lactation and induced lactation, Low milk production. Midwifery care in case of sick newborn

## **Prerequisites**

None.

## **Teaching form**

Lessons, trainings.

## **Textbook and teaching resource**

- PAIRMAN S., PINCOMBE J., THOROGOOD C., TRACY S. Midwifery. Preparation for practice, Churchill Livingstone - Elsevier, Marrikville, 2015, 3°ed, e-book.
- SIMKIN PENNY, ANCHETA RUTH, The labor progress handbook. Early interventions to prevent and treat dystocia, Blackwell, 3° ed, 2011.
- MARMARSHALL J.E., E RAYNOR M.D., Advancing skills in midwifery practice, Churchill Livingstone, 2010 (Cap 4, 5,7,8,9,10).
- BRAZELTON T. BERRY, Il bambino da 0 a 3 anni, Rizzoli, 9° ed, 2011.

## **Semester**

I semester.

## **Assessment method**

Written exam with multichoice answers and open answers.

Oral exam with interview to discuss written test and course program.

## **Office hours**

On appointment.

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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