



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Theories and Methods of Life-Long Learning

2223-1-F5701R038

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#### Course title

Theories and practices for lifelong, lifewide and lifedeeep education

#### Topics and course structure

The course intends to involve students in understanding and analyzing the importance of *change* in theories and practices for lifelong, lifewide and lifedeeep learning by adopting active, participatory and experiential methodologies.

The course topics are:

- theories and metodologies for lifelong, lifewide and lifedeeep education
- management of group dynamics consistent with individual needs,
- the importance of embodied, expressive and imaginative dimensions;
- the importance of in & outdoor education;
- the importance of *role* in organizational contexts;
- the importance of play even in adulthood;
- the importance of gamification processes from a critical perspective.

## Objectives

The course aims to involve students in the understanding the importance of change education in organizational contexts.

The course aims to develop in students applying knowledge and understanding about:

- theories and methodologies for lifelong, lifewide and lifedeeep education;
- soft skills, essential for dynamic, inter-functional and international contexts;
- theories and models of change education supporting critical knowledge;
- active, participatory and experiential methodologies addressing critical knowledge (theater, gamification, outdoor);
- group methodologies targeting critical knowledge.

## Methodologies

Classroom lectures, workgroup, exercises also with symbolic material from artworks (cinema, poetry, literature, music and painting). All teaching materials will be uploaded to the e-learning platform.

The lessons will be held in person and via streaming at <https://unimib.webex.com/meet/francesca.antonacci>.

## Online and offline teaching materials

Papers, videos, learning objects and other digital resources available from e-learning course repository.

## Programme and references for attending students

Bibliography (Foreign students):

1. Freire, P. (2000). *Pedagogy of the Oppressed*. New York-London: Continuum.
2. Csikszentmihalyi, M. (1990). *Flow: The Psychology of Optimal Experience*. New York: HarperCollins.
3. Suits, B. (2005). *The Grasshopper: Games, Life and Utopia*. Toronto: Broadview Press.
4. Calvano, G. (2021), \* *The third mission that looks to the future: for a sustainable, transformative, civic university*, *Formazione, lavoro, persona*. The article is published as Open Access and freely downloadable from the website: <https://forperlav.unibg.it/index.php/fpl/article/view/531/471>.
5. Ferri, N. e Schiavone, G. (2022) *Dance and School Innovation. Media Dance Plus a European research project*. Milan: FrancoAngeli. The book is published as Open Access and freely downloadable from the website: <https://series.francoangeli.it/index.php/oa/catalog/book/907>.

## Programme and references for non-attending students

## Bibliography (Foreign students):

1. Freire, P. (2000). *Pedagogy of the Oppressed*. New York-London: Continuum.
2. Csikszentmihalyi, M. (1990). *Flow: The Psychology of Optimal Experience*. New York: HarperCollins.
3. Suits, B. (2005). *The Grasshopper: Games, Life and Utopia*. Toronto: Broadview Press.
4. Calvano, G. (2021), \* *The third mission that looks to the future: for a sustainable, transformative, civic university*, Formazione, lavoro, persona. The article is published as Open Access and freely downloadable from the website: <https://forperlav.unibg.it/index.php/fpl/article/view/531/471>.
5. Ferri, N. e Schiavone, G. (2022) *Dance and School Innovation. Media Dance Plus a European research project*. Milan: FrancoAngeli. The book is published as Open Access and freely downloadable from the website: <https://series.francoangeli.it/index.php/oa/catalog/book/907>.

## Assessment methods

The exam relies on a oral interview evaluating knowledge and critical understanding of the topics addressed in the course and related bibliography.

If the Covid-19 emergency period continues, oral exams will be carried out using the WEBEX platform. This is the link: <https://unimib.webex.com/meet/francesca.antonacci>

The questions concern:

- topics analyzed during the course (only for attending students);
- re-elaboration of the exercises implemented during the course (only for attending students);
- books in references.

During the exam will be evaluated:

- level of knowledge about the theories and methodologies (knowledge);
- ability to exemplify concepts (understanding);
- capacity for use and application (applying knowledge and understanding);
- adequacy of language.

## Office hours

*Students can schedule an appointment via email:*  
[francesca.antonacci@unimib.it](mailto:francesca.antonacci@unimib.it)  
[giulia.schiavone@unimib.it](mailto:giulia.schiavone@unimib.it)

## Programme validity

Two years

## **Course tutors and assistants**

Ilaria De Lorenzo

Natascia Micheli

Elisa Rossoni

Susetta Sesanna

Sara Tubaro

## **Sustainable Development Goals**

QUALITY EDUCATION

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