



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## COURSE SYLLABUS

### Sicurezza sul terreno

2223-1-E3401Q033

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#### Aims

The course aims to provide students with the basis for a safe approach to outdoor field activities.

#### Contents

The course consists of both theoretical lessons and field activity on different topics related to safety problems during field work activities.

#### Detailed program

The course consists of five mandatory activities to obtain 1 formative credit (CFU):

- 1 - on-line lectures about the first aid procedures to adopt during field work.
- 2 - in person lecture held by field guides of **InCordata** school. The lecture will be about proper clothing and equipment; preparation of the field trip; weather forecast; orientating - GPS; safety and rescue in the mountains
- 3 - self medical history to assess the eligibility for field activity, in particular at high altitudes.
- 4 - one-day field trip held by field guides of **InCordata** school.

## **Prerequisites**

none

## **Teaching form**

As detailed in the course syllabus, the course includes both in-person and on-line lectures, and a one-day field trip.

## **Textbook and teaching resource**

Slides of lecture presentations

## **Semester**

Fall semester

## **Assessment method**

When the mandatory activities are completed, the student needs to enrol on a final test to obtain 1 formative credit (1 CFU) as indicated by the "Regolamento Didattico" of the Bachelor's Program.

## **Office hours**

For additional information you could contact us by email at [rosario.esposito@unimib.it](mailto:rosario.esposito@unimib.it) or [geo.didattica@unimib.it](mailto:geo.didattica@unimib.it)

## **Sustainable Development Goals**

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