

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

## **SYLLABUS DEL CORSO**

## Sicurezza sul terreno

2223-1-E3401Q033

#### **Aims**

The course aims to provide students with the basis for a safe approach to outdoor field activities.

#### **Contents**

The course consists of both therorercical lessons and field activity on different topics related to safety problems durnig field work activities.

### **Detailed program**

The course consists of five mandatory activities to obtain 1 formative credit (CFU):

- 1 on-line lectures about the first aid procedures to adopt during field work.
- 2 in person lecture held by field guides of **InCordata** school. The lecture will be about proper clothing and equipment; preparation of the field trip; weather forecast; orientating GPS; safety and rescue in the mountains
- 3 self medical history to assess the eligibility for field activity, in particular at high altitudes.
- 4 one-day field trip held by field guides of **InCordata** school.

Prerequisites
none
Teaching form
As detailed in the course syllabus, the course includes both in-person and on-line lectures, and a one-day field trip.
Textbook and teaching resource
Slides of lecture presentations
Semester
Fall semester
Assessment method
When the mandatory activities are completed, the student needs to enrol on a final test to obtain 1 formative credit (1 CFU) as indicated by the "Regolamento Didattico" of the Bachelor's Program.
Office hours
For additional information you could contact us by email at rosario.esposito@unimib.it or geo.didattica@unimib.it
Sustainable Development Goals