

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# **SYLLABUS DEL CORSO**

# Master in Alimentazione e Dietetica Applicata - Edizione 2022/2023

2223-861

### **Aims**

The Master is aimed at those who wish to deepen their nutritional and dietary knowledge and/or those who, in possession of the legal requirements, wish to improve their profession in the field of dietetics. The Master aims to provide graduates of different scientific disciplines with the skills necessary for the training of professionals in the field of human nutrition.

#### **Contents**

# **Detailed program**

From nutrient to foods
Feeding in physiological condition
Nutrition interventions in metabolic conditions
Food communication and education
The catering systems in the different community

# **Prerequisites**

# **Teaching form**

Semester
Assessment method
Office hours
Sustainable Development Goals

GOOD HEALTH AND WELL-BEING

Textbook and teaching resource